

CHAC Senior Endurance Committee

Draft Minutes of Meeting Dated Tuesday 11 August 2026, held at Sports Pavilion, Abbey Fields, Colchester

In Attendance:

Paul Dellar (Chair)	(PD)
Dan Steptoe-Thompson	(DST)
Joe Noack	(JN)
Fran Norris	(FN)
Louise Yates	(LY)
Roanna Vickers	(RV)

Apologies:

Heidi Hogan-Steele
Nicola Hilson
Richard Pickering

	The meeting started at 8:00pm, a quorum (at least 4) being present.	Action
1.	Previous Minutes	
	These had been circulated and were approved by The Committee.	
2	XC Season Preview	
	The Committee noted that Chris Stevenson (CS) had come forward to take on the role of NESS XC League Manager – joining the committee with responsibility for overseeing the club's arrangements (including gazebo, scoring) at each of the senior races and also representing the club at the League Committee Meetings (usually 2 per annum). As such it was agreed the club should field senior teams for the forthcoming season (NB: the club had decided not to field junior teams). Other members had also come forward to offer support. PD would pass their details onto CS and would ask CS to pass his contact details to DST for the purposes of League Committee correspondence. The NESS league was currently scheduled to start on 25 October at Halstead (although there was talk of an additional, earlier fixture, DST felt this was unlikely to happen). The committee would meet again in early October with NESS league arrangements as an agenda item. Five Essex League fixtures were anticipated, with the club potentially hosting one at Hilly Fields in mid-January. DST to contact CATS to see if they could support again.	PD DST

3	Road Update	
	DST reported that both men and women lead their respective Grand Prix competitions, though the 5K results had not yet been published/included (the league tables were even better hidden than usual on the Essex Athletics site!). Two races remain – Pleshey Half (13 Sept) and Tiptree 10M (11 Oct).	
4	Review of Recent Events	
	It was agreed that the Ipswich Ekiden had been an enjoyable and successful club day. There were 9 senior teams (same as last year) – with members drawn from across all 4 groups. The weather even held this year. The club also enjoyed considerable success – winning the Men’s Senior, Men’s V60 and Women’s V45 titles with good finishes in a number of other categories. The AW 5 had also been a success. There were 276 entries (compared to 241 least year), and the club raised nearly £3,000 for its two chosen charities (Essex Wildlife and Beat). Feedback from runners was also very positive. PD and the two RDs (Richard Pickering and James Plant) were due to meet to discuss further improving the event in future years.	
5	Essex Way Relay	
	LY and FN advised that the club currently had 2 complete teams for this event (6 September).	
6	Keys	
	Sine the new policy came in – and contrary to what was set out by Sodexo at the time – the club had sometimes been given the front gate key, and sometimes the side gate key – though recently – possibly due to works starting on the changing rooms - things appeared to have settled with the side gate key being provided. Hockey trained for the first time since the new policy came in the previous Thursday – but it wasn’t yet clear what this would mean for club members entering/exiting through the front gate, or the key that we would be given In the meantime the Endurance Coach taking the track session on Tues and Thurs should continue to lock the gate after the session, doing their best to check for any members remaining on the premises before exiting. It was felt that locking up the side gate would become (a) more difficult and (b) potentially unsafe as the nights start to close in as the area is very poorly lit and there were often groups of youths congregating in the area. PD agreed to chase up with main committee the status of providing a security light by this gate.	PD

7	AOB	
	PD advised that he was standing down from the 2 club committees with effect from this year's AGM (usually October/November).	
	It was agreed that Winter Training (along with requirement for Hi Vis tops) would start on Tuesday 1st September. All coaches to communicate to their groups.	RP/PD/LY/JN
8	The meeting closed at 8:25pm. PD to arrange the next meeting (likely early October)	PD