

CHAC Senior Endurance Committee

Draft Minutes of Meeting Dated Tuesday 14 October 2025

In Attendance:

Paul Dellar (Chair)	(PD)
Dan Steptoe-Thompson	(DST)
Richard Pickering	(RP)
Joe Noack	(JN)
Fran Norris	(FN)

Apologies:

Louise Yates	(LY)
Nicola Hilson	(NH)

	The meeting started at 8:10pm, a quorum (at least 4) being present.	Action
1.	Previous Minutes	
	These had been circulated and were approved by the committee. The following Matters Arising are both carried forward: • PD, RP and LC would get together for a formal review of the AW5. PD to arrange. • It was agreed that RP would make it clear in the rules that the London Marathon Ballot Committee had ultimate discretion on application of the rules and inclusion in the ballot.	PD RP
2	Committee Membership	
	Given that it appears that there are likely to be no other candidates/nominations for the role at the forthcoming AGM (this Friday) PD advised the committee that he had told Phil Wood (Chairman of Main Committee) that he would be willing to continue as Endurance Chair for another 12 months. He had subsequently been proposed and seconded for the role. This would be his last year in the role. PD further advised the committee that: • Justine Sheekey had stepped down from the committee and as Ladies' Captain and indicated to him that she was likely to leave the club at the end of the current membership year. • Nicola Hilson had, for health reasons, also decided to step down as Ladies' Captain, though she hoped to rejoin the committee early next year once she had recovered. As such the club needs a new Women's Captain (or Captains) and it was agreed that PD should advertise the role on the Women's WhatsApp group.	PD

	PD also advised the committee that at a Group 2 Coaches' Meeting the previous week Roanna Vickers (RV) had indicated that she would be willing to serve on the committee. All present agreed that RV's involvement would be very much welcomed. PD to add RV to the WhatsApp Group.	PD
3	CHAC Awards 2025	
	PD advised that the club were planning to put on another awards evening – likely in January 2026. Venue and date still to be finalised, but the format would be very similar to last year. JN advised that, following the success of last year's awards, there maybe more interest from G4 runners in attending the next event. PD to feed this back to Phil Wood. PD to circulate last year's endurance award categories and winners and arrange a meeting in December for the committee to discuss this year's winners.	PD PD
4	2025-26 Cross-Country	
	DST reported on a successful start to the campaign the previous Saturday, with both senior men's and women's team becoming Essex Relay champions, and with team medals also for the Men's V60 (gold) and Women's V50 and Men's V40 teams (both bronze). CHAC were – in conjunction with CATS – hosting an Essex League fixture at Hilly Fields in January – with Harriers being responsible for the course. DST was liaising with Cats and arrangements were already being made. Otherwise it was felt we were in good shape for the season. There was a "double-header" – both Essex League and NESS fixtures – on the opening weekend of 25/26th October. All athletes had already been reminded a number of times to register for the Essex league fixtures and FN agreed to be on hand to score at the NESS fixture. Essex League would again be the main focus in terms of encouraging participation.	
5	Arthur Whiston 5	
	Lydia Cunningham, joint Race Director from this year's event, had advised PD that she did not wish to perform the role in 2026. RP had however advised that he was willing to be Race Director for one more year – but that he would be keen to get some assistance. James Plant had already volunteered, and RP would advertise for further helpers. RP also advised that – as part of his role on the race next year he would produce a high-level plan to make it easier for the role to be handed over to someone else the following year.	RP

5	Hi Vis	
	It was agreed that compliance with the new policy had been generally good – though all coaches carried spares and they were still being called upon on occasion (now in the sixth week of implementation). RP to send a reminder to his group and/or provide Colin Ridley with a couple of Hi Vis tops as one or two of his group were still sometimes warming up on Tuesdays without Hi Vis (whilst he was still coaching his Junior Group)	RP
6	AOB	
	London Marathon Ballot – RP to organise. DST asked him to hold off until after the first Essex League XC fixture (25 October). RP agreed he would send out the rules the following week (see also action brought forward above).	RP
7	Next Meeting	
	It was agreed that in the absence of anything that needed specific consideration there would not be another full committee meeting this year (though it may be possible to add one or to AOB on to the end of the Awards Meeting in December).	
	The meeting closed at 8:45pm.	