



Colchester Harriers Athletics Club

CHAC T&F Committee Meeting - Tuesday 28 September 2025

Present: Dave Smith (DS), Tammy Belshaw (TB), Kevin McAlinden (KM), Paul Preston (PP), Rick Thompson (RT), Linda Garnham (LG), Jacob Clapp (JC), Janine Simpson (JS)

Minutes: Tammy Belshaw (TB)

Meeting Commenced: 7:15pm

1.	Welcome & Apologies 1.1 All members were present and welcomed.
2.	Minutes of Previous Meeting 2.1 The minutes of the meeting held on 5 August 2025 were agreed.
3.	Update from Main Committee Meeting 3.1 DS passed on the T&F section's disappointment that SAL was not better supported by the endurance section. The SAL team just missed promotion, and this may have been achieved with better representation in the longer distances by the endurance athletes. PD said he would try to get better support next year if dates are given to him well in advance. 3.2 Karen Clarke has been appointed as Welfare Officer and will be supported by JS for 12 months. DS has given one year's notice to the main and T&F Committee on standing down. 3.3 We will need to find replacements from the T&F Committee for JS and DS to sit on the main Committee. 3.4 DS reported that the Main Committee have been discussing a joint awards evening – end of January, date to be confirmed. They are looking for larger venues than CRFC provided last year. This led to a discussion on T&F awards. LG, JS, JC and TB will form a T&F working group to help arrange the evening. Awards categories will be XC Girl and Boy for U11/13/15/17; T&F Girl and Boy for U13/15/17; Team Manager XC and T&F; Athlete of the Year Girl and Boy; SAL Male and Female, which is 20 awards in total. KM said no need for EMAC award. Action points: Awards working group to collect award nominations and order trophies
4.	COBRA team and EYAL/SAL update 4.1 DS asked for opinions on whether we join with Braintree next season, as Mike has asked for CHAC to support them for another year. In terms of team depth, Braintree helped in SAL, but it was felt that they are not needed for EYAL. Furthermore, given the lack of on the day communication from Braintree TMs and athlete no-shows, the combined team was stressful for our EYAL TMs. Hence the Committee decided that we would make a joint team for the SAL but not EYAL. 4.2 We have been asked to host an EYAL fixture in 2026. Given the new age groups, we will need to buy equipment as per the new specifications. RT will email the list, which JC would like to

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	receive – as the army will supply this. We also provided feedback on the timetable issues to the EYAL Committee. We should make sure we have representation at the EYAL AGM, which SAL have split the division into North and South. Actions DS to tell Braintree we would like to do a joint team for SAL but not EYAL RT to email equipment list to DS/JC
5.	Volunteers 5.1 We need more volunteers across officials, team managers, admin roles, coaches, given the increase in junior membership. This increase has also led to a very busy track on Tuesdays and is impacting the training of the sprint group. We need to monitor any increase in numbers going forward. The off-track sessions through the Autumn and Winter will help. It was also noted that the Funetic's parents watch within the track, which is a health and safety risk. Action TB to create google form to recruit volunteers TB to send message on Funetics groups for parents to watch at the edge of the track
6.	Coaching Groups 6.1 DS showed the Committee a schematic of the coaching groups to show how athletes progress. Action TB to add Steve Garnham and then distribute to Committee
7.	AOB No AOB

Actions	
August 25 - TM tshirts to be printed for next T&F season	

Meeting closed at 20:00

Next T&F Committee Meeting – TBA

T&F Committee members

Chairman – Dave Smith; **Members** - Tammy Belshaw, Rachel Lee, Rick Thompson, Paul Preston, Jacob Clapp, Kevin McAlinden, Andrew Sutcliffe, Linda Garnham, Janine Simpson