

# Colchester Harriers Athletics Club

CHAC T&F Committee Meeting - Tuesday 27 May 2025

Present: Dave Smith (DS), Tammy Belshaw (TB), Kevin McAlinden (KM), Paul Preston (PP), Rick Thompson (RT), Linda Garnham (LG), Jacob Clapp (JC), Janine Simpson (JS)

Minutes: Tammy Belshaw (TB) Meeting Commenced: 7:15pm

### 1. Welcome & Apologies

1.1 Apologies received before the meeting from Rachel Lee (RL).

#### 2. Minutes of Previous Meeting

2.1 The minutes of meeting held on 1 April 2025 were agreed.

## 3. Update from Main Committee Meeting

- 3.1 DS reported that the Main Committee agreed the Non Train/Compete T&F Policy with one amendment to the proposal that the policy explicitly state it will not be open to endurance athletes.
- 3.2 Lightweight jackets will be provided to Officials for the Summer to be supplied by Paul Clarke.
- 3.3 The T&F Committee also discussed First Aid kits, as the endurance section have requested 18 one for each coach. Given the contents expire and many coaches do not want one, LG questioned the need for that amount and would prefer a system where a smaller group of first aid kit holders are listed on the notice board in case there is a need on a Club evening.
- 3.4 RT also brought up that he still has the mobile defibrillator

### **Action points:**

**TB to amend Non Train/Compete policy** 

DS to take first aid kit suggestion and mobile defibrillator to main Committee

### 4. Feedback from EYAL home fixture

- 4.1 Parents' feedback was very positive from the meeting.
- 4.2 RT and LG suggested we need a new PC for future fixtures, given the one used kept crashing, which was very stressful. The T&F Committee has existing approval for a P&C, so DS is going to ask JP for a recommendation. DS will be responsible for PC storage.
- 4.3 The coaches asked if the TMs could draft the initial team from PBs to help with the team selection process.
- 4.4 There were some events missed, given athlete no shows. TB reported that this was mostly Braintree athletes (apart from Rohan who left before his javelin). We will be requesting a Braintree TM to sit with Colchester TMs so we can fill these events on the day.
- 4.5 The Committee decided on the following help for the next home fixture
  - 3 for set up (cones on track, set up gazebos, uncover long jump, high jump and pole vault beds, open cage)
  - 5 for clear up (pick up cones from track, cover pole vault and high jump bed, shut cage, cover long jump



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pit and put away rakes, pick up rubbish)

- 4 for results, 2 on PC and one pinning up results sheets and taking forms/fielding questions from Club TMs, plus one for break cover
- RT will be Meet Manager, LG and TB to do results, Diane Wooller will be Track Referee, Hazel Smith will be Field Referee, RT will be Starter, JS and TB will make officials lunches, RT will modify and print drinks vouchers, JC will provide some black sacks

#### **Actions**

DS to ask JP for a PC recommendation

TB to ask AS to draft team for future EYAL fixtures

TB to ask Mike from Braintree to send a TM for future EYAL fixtures

TB to allocate parent helpers for Colchester EYAL fixture

	Ford

5.1 RT reported that Leo Ford has been trialling with his javelin group. He has ADHD and needs to be watched constantly through the session. He will be invited to join, but a risk assessment will be written, which will include the need for a parent to travel with him to competitions.

#### **Action**

RT will speak to Leo's mum about joining

4. **AOB** 

No AOB

Actions	

Meeting closed at 20:00 Next T&F Committee Meeting – TBA