

The 5 Mile challenge!				
	Week 1	Week 2	Week 3	Week 4
Mackenzie	47.25	51.29	46.47	45.58
Lydia Cunningham	43.40	41.28	41.18	38.51
Natasha Rice	43.45	42.00	43.57	41.28
Paul Clark	38.33	37.44	42.31	38.16
Mark Wade	43.09	40.47	45.00	-
Susan Waller	42.09	40.99	41.29	38.30
Anita Mussett	40.06	Hamstring Injury	Hamstring Injury	Hamstring Injury
Arthur Whiston	37.50	36.35	35.55	36.37
Adrian	43.36	41.11	40.35	43.12
Tarynn Macleod	46.30	45.12	47.99	46.18
Lou Yates	40.11	38.02	39.54	39.56
Mark, 6th form	45.50	42.00	42.35	41.50
Alan Douglas	47.80	47.50	50.15	47.36
Chris (fellow runner)	41.37	38.10	35.44	III
Tracy Wellsted	45.09	45.00	40.33	40.51
Nikki Osborne	42.16	41.50	41.46	41.02
Denise Kirrane	41.15	40.11	recently moved house	recently moved house
Ade Frost	45.37	44.30	43.50	43.15
Helen Thurlow	59.00	46.21	44.26	41.14
Pat Marsh		41.24	41.14	40.48
Jess Gozzett		46.00	43.36	-
Alice Craggs			42.46	-

quickest boy and girl overall

Quickest boy and girl each week

Most improved