

Minutes of the Meeting Held at the Arena

on 4th January 1985 at 7pm.

Geoff Gibbs

1. Geoff Gibbs took the chair as Chair was busy (see later).
2. The minutes of the previous meeting were read.
3. 29 members and 11 junior members attended.
4. The Arena New Year's Eve party was discussed.  
Despite the fact that no one seemed to be able to remember the event very clearly it was decided that it must have been a good party.
5. The Club members were reminded of the Claudio Trophy match on the 10th and the Darts Match on the 12th.
6. Geoff told the meeting about the proposed Sea Trip to France in March or April at an expected cost of £13 - £15 per head.
7. Reports of Runs:

a. Boxing Day. 2½ people turned up for the informal run.

b. Chelmsford. Several members ran, some with difficulty and well below their personal best performance. Kendal Bartholmew redeemed the honour of the club.

and ended 1984 on a high note by winning the  
under 16's trophy; his first half marathon win.

45

8. Crooff then described a short Boundary Run via  
the "Maypole", Maldon, Chelmsford, Harwich, Ipswich  
and back to the Arena via Sudbury. He seemed surprised  
that some members suggested that the ~~long~~ run was a  
little excessive for one Sunday morning. Those interested  
agreed to meet, weather permitting, at 10am on the 6th.

9. In a touching little ceremony David Haggell was given  
a small present to mark the birth of his future Sebastian (ie.  
Having stood up to receive the present, he then  
spoke for the next hour or so on the review.....

10. Meanwhile in another corner of the room Chris Downs,  
who has <sup>almost</sup> as many photographs in the Gazette as the mayor  
of Colchester, presented a cheque for £2,041-83 to  
the St John's Ambulance Brigade who thanked the Club and  
John Ekins for French Kies. Chris then formally thanked  
John Ekins for the support French Kies had given the Club.

# Minutes of the Meeting Held on 11th January at 7pm in the Arena.

1. Chris Downs took the chair.
2. The minutes of the previous meeting were read.
3. 33 members and 10 junior members attended.
4. Dave Wright announced a hard fought win in the first round of the Clondine Trophy by 21-15 over the Gymnasts. The next round is on 31st January against the Scots.
5. Geoff Cribbins' boundary run was postponed until 20th January.
6. The photo of our Chairman leading our the Christmas Fun Run money had not appeared in the press. The Chair will investigate.
7. Future events.
  - a. Social:
    - i) Basketball - now postponed
    - ii) Badminton - 16th February
    - iii) Bowling - sometime in March - John Blundell is arranging
    - iv) Orienteering - Terry Gamble to fix

v) Continental Trip. Passports are now required for France <sup>47</sup> and a coach trip would cost £13.50 per head. After discussion it was decided to take an informal trip to Belgium, members travelling as foot passengers.

b. Sporting. i) Reading 24 March - Geoff taking names, cost of bus trip is £3.50.

ii) Norwich 5 May - £2.50, Names to ?

8. The Chairman said that St John's Ambulance would cover the Jogathon and the Arena would probably stay open for 48 hours for us. He was approaching the Colchester Building Society for sponsorship. (Watch for photos in the Gazette) Members were asked to think of ideas for the event which is to be held in early April and raise them at the meeting on 25th January.

9. The Review is to be combined with a disco and held at the end of March.

10 The Carnival. It was decided that the Club would have a walking entry so that junior members could participate.

The Colchester Juggers Majorettes (provisional title only) would wear white hats, ~~—~~ Club running tops, white skirts and socks. The design and manufacture of hats and skirts would be co-ordinated to present a uniform appearance. The majorettes will be preceded by a small band and

<sup>48</sup>  
the Dame Majorette, with Banan, who will be J Blundell.  
(if he can be persuaded to wear female clothing!)

11. Geoff Gibbons now has copies of the Club photo for sale.

Minutes of the Meeting held on 18th January 1985  
at 7 pm in the Arena.

1. Chris Downes took the chair.
2. 32 members and 9 junior members were present
3. The minutes of the previous meeting were read.
4. David Hudgell detailed what would happen at the dinner which is to be held on 12th April.
5. The Vice Chairman said that the Reading coach was almost full but there was plenty of room on the Norfolk one.
6. Roy Moore, who said lots of things from different places in the room, proposed a vote of thanks to Dave Wright for organising a successful darts night on <sup>the</sup> 12th
7. The Chairman said that the Fun Run presentation picture may be in the Gazette this week. He also apologised for not contacting the Colchester Badminton Society about sponsoring the Togathon, he blamed the bad weather and Dave Clement.
8. He also mentioned the possibility of 2 sports injuries lectures by Dr Coe, after some discussion it was decided that Wednesday was the best time for this and he agreed to

try and arrange 2 lectures on Wednesday evenings.

7. Dave Wright has produced a club diary which is on the notice board.
10. The Vice Chairman displayed a South Australian sweat shirt and a letter from Marie who left the Club last year; he agreed to reply.
11. The Club bank balance stands at £779.88
12. Events:
  - Social. John Blundell is arranging a bowling evening on 16th March. Fay Looney is taking names for a Roller Skating night in Bury St Edmunds on 9th March.
  - Runway. Dave Wright is organising a club run on 20th January after a basketball session. The "Boundary Run" was postponed again.
13. It was pointed out that the idea of entering the Carnival as majorettes had been done by Harwich Lancers last year. Members were asked to think up alternatives for the next meeting.

Minutes of the Meeting held on 25th January 1985  
in the Arena at 7pm.

1. Chas Downs was in the chair.
2. 44 were present including 8 junior members and several prospective members.
3. The minutes of the previous meeting were flawlessly communicated by the secretary.
4. The Boundary Run was finally cancelled but the Review is definitely on on 12th April.
5. The Chairman, yet again, promised to get his picture in the paper.
6. The Chairman has arranged for Dr Coe's injury lectures to be held on the first 2 Wednesdays in March; 6th and 13th.
7. Roller skating at Bury St Edmunds costs £3.40 each, children must leave at 9pm and the bus fare is in addition to the entry fee. Names to Fay of those interested.
8. The basketball session on 20th was so successful that Essex General Hospital now require prior warning<sup>of such events</sup> so that the Casualty Department can call in extra staff.
9. The Badminton Social evening is to be held on 16th Feb.

10. The Chairman gave brief details of the Great British Fun Run alongside which even Beaufort's Boundary line palls into insignificance. Entry forms will be available soon.
11. The Carnival was discussed and the idea of Cheeky was raised, after a debate which revealed the televised events in the House of Lords, it was decided to raise the matter again next week; a vote would then be taken.
12. Several members agreed to meet at 8.30 on Sunday 27th in order to run on a motorway. The results could be as dramatic as the last basketball session.

Minutes of the Meeting held on 1st February at  
7pm at the Avenue

1. Claridowns was in the chair
2. 39 members and 10 junior members were present.
3. The minutes of the previous meeting were read.
4. Those who took part in the M25 run reported that it was a circular course which was uphill all the way and the finish was 1 mile from the car park.
5. Members of the club had been thrashing boy scouts on 31st January but their defence is that it was part of the Clarendon Trophy competition.
6. The chairman has managed, at last, to get his picture in the paper, again.
7. After much discussion on the carnival voting on the ideas was as follows:
 

Garden Pests	- 1 vote (un point) (ein punkt)
Maybotters	- 1 vote (un point) (ein punkt)
Clowns	- Everybody else (tous les autres) (viel)
8. In response to a question the chairman agreed to choose John Lloyd about the club stickers.

54. The Reading coach is almost full there is still lots of room on the Norwich bus.
10. The club run on Sunday 3rd will be preceded by an all-in basketball bout with technical advice from a Teen Telecom member.
11. The Vice Chairman announced that club hats would be available in two weeks.
12. There will be a committee meeting on Wed 6 February at 8pm.

55

# Decisions on the Togathon reached at the Committee Meeting on 6<sup>th</sup>

1. The run will be called the "Cotwolds Togger's" 48 Hour 1,000 Mile Togathon". It will take place between 7pm on Friday 26 April 85 and 7pm Sunday 28 April 85. The run will be based at the Arena and be run around Abbey Fields.
2. In order allow freedom of choice, the run will be organised in 4 hour periods for which 8 volunteers will run in pairs i.e. 7pm - 11pm, 11pm - 3am etc. With each group will be a member of the committee who will keep the total mileage.
3. In addition to the pairs there will be a mass start and last lap. There will be a lass on Saturday and Sunday when junior members will run in small groups.
4. The course will be anticlockwise around Abbey Fields using the pavement where it exists and permission has been sought to close off a lane on Circular Road South. The start/finish will be in the Arena Car Park. The course will be accurately measured by George Bennington.
5. The money raised will be donated to the Charles Palmer Trust. It is hoped that Gloucester Building Society will be

<sup>56</sup>  
the main sponsor but members are asked to get sponsorship from other firms. Additionally members will be asked to raise individual sponsorships based on number of laps, number of miles, m.p.h or any other way they choose. It is hoped to have Charles Palmer Collecting tins to collect in the Arena (bar etc) ad on the days of the run.

6. A large notice will be placed in the arena hall & the arena ad George will try for the normal coverage in papers, radio and TV.

7. After the start at 7pm on Sunday 28th there will be a small party in the arena.

Minutes of the Meeting held at 7pm on 8th February 1985  
in the Room

57

1. Chris Downs was in the chair.
2. 33 members and 11 junior members were present.
3. George Bennington has designed a circus type car for the Carnival. It was agreed that he could have money for materials and that the car would be given to a children's home after the carnival. Someone wanted balloons for the carnival this was also agreed.
4. George Bennington agreed to organise the Club's Superstars team for the 19th May.
5. A rehearsal for the review will be held on a Friday probably before the review.
6. The summer barbecue was discussed and it was agreed that the event be held at Hamilton Lodge.
7. Social Events:
  - Sunday 10th Basketball followed by the much postponed and cancelled Bonfire Run (weather permitting).
  - The badminton evening will be on 16th February with Dave Wright, usual singtons buffet supper and magnificent trophies.

58

8. The meeting was really brought to life by the Secretary reading the minutes of the committee meeting about the Toxathie. At least one member of the club remained awake enough to spot that Dave Clement's tea towel was about to burst into flames. This proved to be the high point of the evening, after which members left to skate round Abbey Fields.

59

Minutes of the Meeting held on 15th February 1985 at 7pm  
at the Arena.

1. Chris Downs was in the chair
2. 37 members ad 6 junior members attended.
3. The previous minutes were read.
4. The Vice Chairman, taking a short pause from selling hats, sweat shirts and other sporting devices had to admit that, yet again, the Boundary Run had not taken place.
5. The Chairman announced that the sports injury talks, previously planned for the first 2 weeks in March may have to be postponed.
6. The Chairman followed that bad news with the good news that The Arena had agreed to all our requests for the Joggathon and had also agreed to supply a caravan for the start/finish area in addition to making the showers ad other Arena facilities available.
7. Responses from Colchester Building Society ad the Garrison were still awaited. Fay announced that Dave Heather had agreed to provide
8. advertising material ad collection jars from Hamilton Lodge.
7. George Bennington then addressed the meeting on:
  - a. The carnival car on which work is progressing
  - and b. The fact that the Superstars Team of himself, David "The Shambly" Hudgell, Graham Southernwood ad Henry Hughes. Final training had not yet commenced in order to prevent the team from "peaking" to early.
8. Talking of David Hudgell, he announced that the review rehearsal

taking about.

- 60  
would take place after the meeting on 2nd February. He also said something about Frics Grove Cabs then stopped when he realised he didn't know what he was talking about.  
9. The Area are organising a junior race for 8-12 year olds on 4th May, more details later.
10. The Vice Chairman, by this stage having sold out of hats but still having some sweat shirts available, announced that there would be no bus trip to the Continent this year but an informal visit as foot passengers and then by Belgian Railways to Brugge would happen on the weekend 8-10 March.
11. The Cub's bank statement was currently £670
12. George Bevington, again taking the floor, announced that there was to be an orienteering event at Earls Colne on Sunday 17th, this was for those not wishing to take part in the Club run at 1030 as normal.
13. At this point the meeting broke up to allow the Vice Chairman to continue his sales drive.

Minutes of the Meeting held at 7pm on 22nd February 1985<sup>61</sup>  
at the Arena.

1. Chris Downs was in the chair.
2. 33 members and 9 junior members were present.
3. The minutes of the previous meeting were read.
4. David Higgett was unable to add anything to the Friars Grove Cubs thing that he hadn't known anything about the previous week.
5. Dave Wright was thanked for his <sup>usual</sup> excellent organisation of the badminton on the 16th. He went on to explain how if we beat the Staff in the Claudius Trophy on 28th we would win the trophy, at least he was sure we would.
6. The Jogathon, Colchester BS have responded positively to our request for sponsorship and the Chairman was to meet them on 17th Feb to tell them how much money we required. (It is not planned to have photographs of this meeting in the Gazette). The Vice Chairman pointed out that there were still plenty of prime time slots available for those members who had not already volunteered to run. At this point it was discovered that Dennis and Jane were not paying attention (to the meeting that is!).
7. In response to a question from John Blundell, the Chairman said that he thought the Ron Hill vests with lower half mesh <sup>about lightweight summer vests</sup>

<sup>62</sup> seemed the most likely choice but could cause problems when pointing on them. He promised to look into the matter.

8. Having been woken up by this question, the Vice Chairman explained that he had plenty of club running vests and promised more sweatshirts next week.

9. Several members were travelling to Bury St Edmunds on the 24th; for those who haven't the basketball court was booked for 1030 together with technical advice for those who still haven't worked out the rules.

Minutes of the Meeting held at 7pm on 1st March 1985<sup>63</sup>  
at the Arena.

1. Chris Davies was in the chair.
2. At least 53 members attended.
3. The minutes of the previous meeting were read.
4. David Huddell said that, whatever it was, it was on the 7th May - Stay with us for "matters arising".
5. The Chairman announced that Colchester BS had agreed to sponsor the "Jogathon" to the tune of £200. The Vice Chairman pointed out again, that there were still plenty of time slots available. The attendance was increased at this point to 54 members by Roy Willett, who was so interested in the discussion that he weighed himself.
6. The Bury St Edmunds 20 was deemed to be a well organised run by those who attended. Richard Lastell was the best club runner with a time of 21.42 however Dave Wright's picture appeared in the paper.
7. Those who buy the East Anglian Daily Times should look out for Dave and others pictures at the Beckhamsted run on the 3rd.
8. Dave Wright announced victory over the Arena Staff in the Claudio Trophy by 10½ to 24½ points. This, in Dave's view, scores us the Trophy. But if it does not, our next win will.

9. The Vice Chairman announced that the informal trip to Brugge will take place on the 8th March (Today).  
the boat trip will be the usual Gibbins up & off at about £3.75 return.
10. The head of Gibbin's Sportwear also announced:
- a. Sweatshirts would be available later in the evening
  - b. Shorts would be available in 2 weeks
  - c. Summer shorts (Ron Hill-type) at £6.99 each could be ordered by placing your name on the list on the notice board.
11. Dawn Knights is organising a raffle at the Disco/Review and will accept donations of prizes at any time.
12. The Cumbrian Marathon takes place on the 5th October this year and 29 places have been booked at £55 per head for 3 days full board.
13. The Secretary announced that the Club has been invited to attend the Wetherby ½ marathon on 9 June by the Wetherby Running Club. A campsite is available and a small party may attend.
14. At the point the Club <sup>members present</sup> joined in wishing Dave Clemons a very happy 70th Birthday.

Minutes of the Meeting held on 8th March at 7pm  
at the Arena.

1. Chris Downs was in the chair.
2. 44 members attended.
3. The minutes of the previous meeting were read.
4. David Hedges didn't know any more about it.
5. Triathlon:
  - a. The Garrison had given approval for the run.
  - b. The Colchester Building Society had confirmed a writing the offer of £200 sponsorship.
  - c. Sponsorship sheets are in production.
  - d. George Bennington said he had chatted up someone in the jacuzzi who appeared willing.
  - e. It was agreed that outsiders could take part providing they collect sponsorship.
6. Martin Hopkins was unanimously elected team captain for at least 1985 and is totally responsible for entering teams in events and for their success or otherwise.
7. The Vice Chairman announced that sweatshirts and club vests were available.
8. The Secretary was tasked with obtaining the Old Heath Trophy which the Club won last year.
9. Coming events:

- a. 9th August camping weekend at Sheringham see D. Hudgeon
- b. 16th March bowling at Walton see John Blundell
- c. ~~22~~ 9th March orienteering at Essex University
- d. 8th March Trip to Brugge.
- e. 2nd June Wetflor see Phil Cooper

10 At this point the meeting broke up with members heading for such exotic places as Brugge and St John's Roundabout.

67

Minutes of the Meeting held on 15th March 1985  
at 7pm in the Annex.

1. Chris Davis was in the chair.
2. 36 members attended (31+5).
3. The ~~other~~ minutes of the last meeting were read.
4. David Huddell, after denying seeing him, admitted that he had seen him but he didn't say anything about it.
5. Together:
  - a. The time slots are almost full.
  - b. The Vice Chairman will produce sponsorship sheets with Charles Palmer later this week.
  - c. George Bennington has a press release in typing for the local press, radio, t.v.,
  - d. Dawn Knight is organizing a telegram to the Saturday Superstore.
  - e. George made a statement about his activities in the jacuzzi; Lance Williams has the essential details.
6. The Vice Chairman, and others, reported that the weekend continental trip which was shared with the local chapter of the Hells Angels was very enjoyable.
7. George Bennington reported that his team of superstars were now in serious training and the only thing that would prevent them winning would be his not being able to find

an entry form.

8. The Huddell Follies are now well on towards a successful show. The tickets will be available next week.
9. The Vic Cinema will have Club shorts on Saturday 16th March.
10. Martin Hopkins is organizing a group entry for the Clacton run on 31 March.
11. The Club team is playing the Badminton Club on Tuesday. If ~~they~~ we win the match we will win the trophy. If we don't win we should win the trophy.
12. The accommodation in the hotel for the Cambrian Marathon is now fully booked but there's room for 8 in the stable next door which Dave Wright says is quite good.
13. The trip to Weyler for the weekend 1st & 2nd June should cost £20-25 per head plus food.
14. Bowling for 42 is arranged for 8pm on Saturday at Walton, at present some 200 people or so are likely to attend.
15. Several Club members were travelling to Puckeridge on Sunday 17th.

69

Minutes of the Meeting Held on 22nd March  
at 7pm at the Drama

1. Chris Davies was in the chair
2. 40 members attended (30+10)
3. The minutes of the previous meeting were read.
4. The Vice Chairman produced the sponsorship and Charles Palmer advertising material.
5. The bowls evening was only attended by 27 members who all enjoyed themselves. Dennis and Dawn won prizes for knocking pins down, Kendal won a prize for not knocking them down! Because of the shortfall of people attending henceforth a deposit will be taken for such events to prevent the organiser losing money.
6. Thanks to brilliant game of crib by the Honorary Treasurer the Club won the Claudius Trophy which will be presented at the Disco/Review on 22nd April.
7. A list of full details of the Weybridge trip is on the notice board.
8. The Vice Chairman announced that he had sweatshirts, shirts and running shorts for sale and is soon to order the Con Hill style 1/2 zip up shirts for the summer, news on the hot in the notice board.
9. The disco/review:

70

a. Tickets are now available £1, 50 p.

8 b. Dawn is still awaiting raffle prizes for the 12th.

10. The Puckridge run was all up hill and very  
9 difficult especially Richard Borthell who was lapped by  
the Hon Treasurer. Richard Haskell was the best club  
runner recording 1hr. 22'.

11. After much discussion it was decided that the Reading  
coach would leave at 7am on the 24th - as was previously  
arranged. Other members were taking part in runs to Gloucester  
on Sunday.

Minutes of the Meeting held at 7pm on 29th March 71  
1985 at the Arena.

1. Chris Davies was in the chair
2. A total of 49 members attended (40+9)
3. The minutes of the previous meeting were read
4. Runs:
  - a. St Helena School. In a relatively small turn out but a very well organized and captivated meeting; the Club won the team trophy and Kendal Bartlett stood on a chair to take a bow. In a touching little ceremony Martin Hopkins presented Peter Bartlett with a trophy for being a parent.
  - b. Reading. The coach party enjoyed the day at Reading, all members winning a cup (and a Mars bar). The return journey was delayed whilst a. Roy ate his way through the menu at the motorway caf and b. Ken Livingstone's men dug up the road we were trying to use.
  - c. Ted Dunn reported that the Fleet 1½ marathon had been a very well organized and enjoyable run.
5. The Vice Chairman announced that the order for sunmex vests had now been placed (Shaun's requirements for small arm holes having been noted) and that delivery was promised sometime.
6. Tugathon: Preparations are well in hand with good press coverage, labels are available for collecting bottles. (Bottles are now

<sup>72</sup>  
needed). Dave Heather has invited the Club to see the "Toggers' Room" and it was suggested that the Club holds its meeting on the 24th May at Hamiton Lodge after which we can see the room. At that meeting the money for the Togathon will be presented to Dave Heather therefore all sponsorship money should be given to the Treasurer by 17th May. An advertising display will be in the Arena foyer for one week before the Togathon.

7. About 12 people have said they would like to join the trip to Wetglen on 31st May. The list is on the notice board and will close on 1st May.

8. Future bus: Members were travelling in strength to Clacton on 31st March, Sudbury on 5th April and Potters Bar on 14th April.

9. There will be no meeting 5th of April (Good Friday) or 12th April (The David Hulgett Extravaganza).

73

Minutes of the Meeting held at 8pm on 19th April  
at the former.

1. Chris Dawson was : the chair
2. Fifty-six members were present (44+12)
3. The minutes of the previous meeting were read.
4. Runs:
  - a. Clacton was windy but the Club won (and drank) the ten trophy and Carl Gladding won the junior 5 mile
  - b. Sudbury was typical of Good Friday runs at Sudbury.
  - c. At Bungay it was reported that rain early even was followed by more rain until the last part of the race when it then ceased to rain hard. d. The Teign Fox run was not well organized but Richard Haskell maintained his good form by finishing 1hr 20' 23".
  - e. Alan then related the "Ballad of the Lost Wolverhampton Super Veteran" which did not last more than 4½ hours but included a description of most streets in the Wolverhampton area as seen from the inside of a police panda. Several members also ran in the Wolverhampton marathon which was a very well organised event which took place the same weekend that Alan got lost.
  - f. The Vice Chairman reported an unofficial world record for the London Marathon of 2hr 36 mins.
  - g. Kendal Battell then showed the trophy she won in the Morecambe run last Christmas. (Nancy McPherson has been injured)
5. The David Thurgell section:
  - a. The saga of the scouts or cubs about he knows nothing is now considered closed as he has not heard anything else.

b. The more wide awake members of the club may recall that David organised a review on 12th April which was deemed to have been a great success, so much so that even the Vice Chairman admitted that he enjoyed it. David was congratulated on his effort which raised about £100. Other worthy of note were Ray Bannington for his memorable performance of not something things, Daren for raising £34 in the raffle and all those who took part and produced the costumes no matter how small some of the parts and costumes were!

#### 6. Jogathon.

a. All Club members appearing at 7pm on Friday 26th will run the first lap or two. The meeting will follow.

b. George, hopefully, will accurately measure the course.

c. Geoff would like help a Friday afternoon.

#### 7. The Chairman reported on the Opera meeting at which the following points were raised

a. Subscriptions will remain at the present £6 individual and £12.50 family membership until April 86 but the cost of the room hire will soon increase.

b. Although there are no plans to erect Chelsea FC style electric fences (yet) entry to the Opera will soon be computer controlled.

c. Club members wishing to buy a house on Friday evenings will be able to do so after the 1st May when Stafford open a desk in the foyer.

8. Dave Wright asked for any additional news for Cumbria in October.

9. Other activities section:

a. Tracy will investigate the chance of using the Crum pool for a swimming session. Kendal suggested this.

b. On leaving the meeting of swimming, Ian Mann (Mr Showbusiness) Mudgeell suggested entering a Triathlon. Auditions will be held shortly.

c. Malcolm Gladding ~~was~~ fresh from his success as the second male member of the Gladding family to finish at heating suggested 5 a side football. There appeared to be enough members interested to form a team.

10. The Claudius Trophy was on show and Dave Wright was thanked for all his efforts in arranging for Clun to win it.

Minutes of the Meeting held at 7pm on 3rd May 1985  
 at the Arena.

1. Chris Downs was in the chair
2. 48 members and prospective members attended (41 + 7 juniors)
3. The minutes of the previous meeting were read.

4. Runs:

a. Ken Walsh had run in a 100 kilometre run and has not been seen since.

b. The Joggathon.

The event was deemed a success in all respects.

The Arena were very happy with the organisation and the Club received mentions in 4 papers but the Gazette did not publish the paid for advert. (The Chairman will fix this)

Just prior to Fay Rooney's touching little ode, Roy Bennett produced a moving little performance of his own (at least it moved most of the people near him). Fay then read her Ode to a Joggathon which was received with a round of applause.

The Chairman pointed out that sponsorship money was required by the 17th so that the presentation could take place on the 24th. The maximum distance run was 59.23 miles

by Paul KNELL which narrowly beat Ray Wallett's performance and won him a bottle of whisky which was presented by the Vice Chairman. In addition to the presentation of the cheques there will be an action replay of the review for the resi-

and staff of Hamilton Lodge. There will be a rehearsal after the meeting on 10 May.

5. Dave Wright announced that 28 members, 1 baby and 1 dog were travelling to Cumbria at the beginning of September. <sup>5th. off.</sup>

6. Martin Hopkinson called for volunteers for 6<sup>th</sup> and 13 mile teams for the Langham run on 27th May.

7. At present 9 members are planning to travel to Wetyllyn on 31st May.

8. For the benefit of new members or those who slept through earlier meetings the Chairman outlined the plan for the Carnival that is green and white clowns with a car to be made in Roy Moore's garden.

9. The chairman asked for 2 teams for the soft race, a professional speed team and a light hearted entry.

10. It was decided that the barbecue would be run as a club social event as opposed to a money raising effort on 24th August, hopefully at Hamilton Lodge.

11. Provisional routes for the Christmas 10 and 5 mile runs have been selected; neither courses will be exactly 10 or 5 miles but will be accurately measured.

12. The Club has been asked to help at the Sporting Vs run on 7th July.

13. Flushed with his success as a stage director, David

'Iron Man' <sup>78</sup> Mudgell now wishes to become a patron of  
arts and proposed to run a Jagger's "Art" Competition;  
entries to D Mudgell by 7 June.

14. Members were intending running at Harwich, Maldon and Norwich  
over the weekend but before that some of the more nostalgic  
members left for a few laps of Abbey Fields.

the Minutes of the Meeting Held on 10<sup>th</sup> May 1985. 79  
AT THE OFFICE.

- 1) THE VICE-CHAIRMAN HELD THE CHAIR.
- 2) 17 PEOPLE WERE IN ATTENDANCE.
- 3) THE MINUTES OF THE PREVIOUS MEETING WERE READ.
- 4) FURTHER DISCUSSION TOOK PLACE CONCERNING THE RACES FOR THE CHRISTMAS FAIR.
- 5) THE WORKERS EFFORTS WERE MADE KNOWN, VIS.
  - a) GROUP GOING TO NORFOLK FOR THE MARATHON.
  - b) 3 OTHER SPECIAL MEMBERS WERE NOMINATED AS MANDAR.
  - c) OTHERS TOOK PART IN RACES AT HARROGATE HALSTED.
- 6) PRIZE OF BLACK GODS EACH AGAIN TO SPECIAL MEMBERS OF WHICH KING BORIS & CARL GUARDIAN WERE MEDALS & PROPHETS.
- 7) DARK HOGGAN PROVIDED THOSE PROOF WITH THE DATE (9<sup>th</sup>-11<sup>th</sup> AUGUST) THE TRUCK (KING HEALTH CARAVAN PARK) AND A SKINNY BODY LIST OF FACILITIES TO OFFER TO US FOR THE SUMMER CAMPING (SEEKING).
- 8) THE 'ARTS' COMPETITION DATE WAS CONFIRMED AS 7<sup>th</sup> SEPTEMBER.
- 9) THE VICE-CHAIRMAN WOULD PROVIDE SUMMER VESTI  
WITHIN 2 WEEKS.

- a) MEMBERS WERE REMINDED TO HAND IN A LIST  
— WHICH SOCIETIES SPEND MONEY BY LAST  
WEEKS MEETING.
- b) A SUGGESTION, MADE BY THE VICE CHAIRMAN,  
THAT THE CROSSED CARD SATISFY ITS AQUATIC  
INTERESTS BY PROFESSING THE FISH SWIM HAS  
SOMETHING HINDERED BY CONFUSION OVER  
THE DATE OF THE BREED.
- c) ANOTHER SIDE OF THE CROSSED DIVERSE TAROTS.  
WHICH ARE SEEN WHERE A DATE A YEAR IS FOUND  
FOR OUTSIDE & ASIDE FOOTBALL. IAN STEVENS  
IS TO TAKE THIS ON.
- d) THE UFFICIO BROKE UP WITH FRUSTRATED  
CONVERSATION OF THE 'PROS & CONS' OF  
CAMP DERRISING AND FOR HIS REASONS.

MINUTES OF THE MEETINGS HELD 17th MAY  
AT THE ARENA

81

- 1) CHRIS DOWNS WAS IN THE CHAIR
- 2)
- 3) GEOFF READ HIS MINUTES FROM THE PREVIOUS MEETING
- 4) REPORT ON RUNS IN SHORT:-  

YELLOW ADVERTISER GOOD CAR PARKING  
BUT RUN WAS MURDER
- 5) SUMMER CUP CONTEST ON JUNE 15th SAT.  
WHICH WILL INCLUDE AMONG MANY TESTS A GENERAL KNOWLEDGE TEST
- 6) TEDDY BEARS (PICKWICK) DAY TRIP. LOCATION TO BE DECIDED NEXT MEETING
- 7) PHIL CAME IN AT 7.25 AND DID HIS GERMAN BIT ABOUT EVERY ONE SHARING A FIVE BERET CARAVAN  
ANYONE WHO IS INTERESTED MEET PHIL AND SOME GERMANS OUTSIDE WETZIAR RAILWAY STATION ON JUNE 1<sup>ST</sup> AT 12.00 NOON APPROX.
- 8) ROY BENNINGTON WALKIN AT 7.35 TO A WOLF WHISTLE AND DAVE WRIGHT ASKED HIM WHAT WAS HE DOING SUNDAY MORNING
- 9) ANYONE WISHING TO PLAY FIVE-A-SIDE FOOTBALL SEE IAN STEVENS
- 10) CAMBRIA TRIP DAVE HEDDERL WAS STILL IN PIPE LINE WITH HIS DOG EVERYONE ELSE WAS BOOKED
- 11) NEXT WEEKS MEETINGS AT HAMILTON LODGE  
7.00 MEET AT ARENA 6.30.

Minutes of Meeting held on 31st May 1985 at 7pm  
at the Arena.

Chris Downs was in the chair

45 Members attended (33+12)

The chairman read some very short notes of previous meeting.

Previous news:

- East London had a good medal but was hot. Dave Clemens (local superstar) showed his dentures, which had been repaired, to cries of yawn.
- Langham was a Joggers' benefit match; Kendal winning the 6 mile ladies trophy and the Club the 6 and 13 mile team trophies.

Social Events.

Summer Cup

- ~~Darts~~. Darts match, teams of 4 to be held on 15th June names to Dave Wright.
- The art show is tonight.
- Teddy Bears Picnic Sunday June 23 Bus trip to Audley End. David Huddell's dog can go. A committee meeting is yet to decide whether David will be allowed to attend.
- Jan now has 26 names for 5-a-side football. David Huddell, anxious that he would not be thought of only as a dog owner, patron of the arts and showman told the meeting that the Joggers could therefore have 5 teams and one reserve thus passing his skill as a mathematician.
- David Huddell, anxious not to be forgotten, asked for more firm bookings for the camping weekend August 10th/11th.

The Vice Chair revealed several of the new summer vests; on closer inspection Richard Bartlett found he had a little black one whilst everyone else had a large white one.

The previous week's meeting at ~~the~~ Hamilton Lodge was

83

have  
judged to been a success, the Lodge now had so much money from  
the Club that 2 rooms in the new building are to have playnet  
showing their association with the Teggers.

8. Dave Wright is still awaiting 1 or 2 deposits for the Cumbra weekend  
5/6th October, there is room for one more lady and what's-his-name is  
still in the pipeline (with his dog).
9. Members of the club were heading for Great Bentley and Wetgar  
at the weekend.

Minutes of the Meeting held on 7th June 1985 at Ipswich  
at the Arena.

1. Chris Downs was in the chair
2. 50 Members were present (39+12)
3. Sometime during the meeting the Secretary rewrote and read the minutes of the previous meeting.
4. Geoff Gibbons related most of the details of the trip to Wetflew which had been tiring, hot and hard work but very enjoyable. The Wetflew running club had made us most welcome and it was hoped that some of them may run in our Christmas run and that the Club may repeat the trip to Wetflew next year. Dave Clemens got lost in the woods.
5. Great Betty had been a success if not run for the club. Kendal was another trophy as did Slavya. By some unexplained although separated by 500 miles but presumably telepathic means Roy Moore duplicated Dave Clemens deviation from the set route and, somewhere in the thick woods of Great Betty, found a 6 mile course. Peter C. Clarke is to investigate this strange phenomenon.
6. As a follow up to our 48 hour Togathon David Heather has written to Colchester BS thanking them for their support and also saying very nice things about the Club.
7. The Chairwoman asked that members give their own membership numbers when renewing their membership.

- a. The Teddy Bear Picnic. A coach is being booked to go to Dudley End on 23rd June approximate costs are £2.50 per child and £3.50 per adult. Names to Dave Wright as soon as possible.
- b. At least 2 entries are to be made in the Raft race on 4th August. John Blundell and Jayne are ~~are~~ totally responsible for up holding the Club's good name in the event.
- c. The barbecue is to be held at Great Bromley on or about 24 August. Big Daddi and the Black Boy will supply solid and liquid refreshment respectively.
- d. The all action Summer Cup has been postponed in its place will be a 5 a-side football competition organised by Ian Stephens on 16th June.

9. George Bennington arrived at 7.40 and then left after saying that the Gazette had not printed all that he wrote and that he couldn't stay any longer.

10. Throughout the meeting the more active members of the Club and those sitting at the back would have noticed that former David "Mr Showbiz" Huddell was busy with the Club's first cultural event. At the end of the meeting trophies were presented for the best cooking, knitting and sketching to name but a few. The event was judged to have been a great success and

David was thanked for his efforts.

11. Several members were thinking of staying the Gloucester  
Run on Sunday 9th. The Vice Chairman, presumably  
thinking of events in Broadles, gave a stern lecture  
on the behaviour of Club Members at the event and he  
did not have any more summer visits as he had  
previously promised.

Minutes } of the Meeting held at 7pm on 14th June 88-87  
at the Arena.

1. Chris Downs eventually took the chair.
2. 47 Members and prospective members were present (35+12)
3. The minutes of the previous meeting were beautifully if belatedly read.
4. It was agreed that the Colchester Marathon and  $\frac{1}{2}$  Marathon had been well organised although the mile markers were a little variable in spacing.
5. Social:
  - a. 5-a-side football. Ian Stephens announced that a friendly 5-a-side football match would take place starting at 10am on 16th June.
  - b. The Charles Palmer Trust is running its annual fete on Sat 20th July and they would like the Club to run a stall or donate items to other stalls. David Heaton. The total donations of the Club to the Trust came to £4910-61 since May 83.
  - c. The trip to Andalucia End on 23rd June is confirmed.
  - d. As a result of their excellent efforts at Langham Coal Colliery and Kendal Barthett have been invited to join the National Junior Marathon Club. Everyone present congratulated them.
7. Future Ls.
  - a. Long Melford 8 22nd June

b. Gloucester Sporting Vs 3 & 5 mile for children up to 12 on  
7th July. Club members over 12 have been asked to  
help on the day.

c. Gloucester Carnival 6 miles on 28th July.

d. Old Heath 9½ & 5½ mile is to be held on 27th October.

Two members of the Old Heath Committee were at the meeting.  
ad thanked the Club for helping start the run, confirmed that  
we won the tea trophy last year (but did not receive it)  
and asked for runners and help this year.

e. The Vice Chairman promised more summer rests next week  
(you may have heard that promise before).

f. At this point Martin Hopkins took the floor to complain  
at length about the general lack of organization of runs on  
Fridays. In a display of personal humility, though any Buddhist  
work would have been good, the Vice Chairman admitted that  
the situation could fairly be described as a "bit of a shambles".

An elaborate procedure involving split second timing and the  
division of runners into groups depending on ability, date of birth  
and birth star sign was then evolved and they all ran off leaving  
the Secretary to find his own route.

1. Chris Davies was - the chair.
2. 47 Members were present (36 + 11)
3. Minutes of the previous meeting were read.
4. Several reports of the 5-a-side football competition were given and depending on who was speaking the event was either a bloodbath or an enjoyable family event. It was decided that one of the teams taking part had won.
5. Carnival
  - a. The car - the wood is at the Moore residence awaiting the end of the ~~rainy~~ monsoon season before work can start.
  - b. In response to pointed questions from the Chairman, ~~why~~ it appeared that some progress was being made in producing costumes and Peter Bartlett is going fishing.
  - c. Rafts - George Bennington has been gaoinged in his proposed acquisition of drop tanks by Dawn Knights.
6. The trip to Dudley End has been postponed due to a. ~~bad~~ ~~wet~~ b. the excess of not enough street b. too much weather.
7. Dawn Knights is going to run a cake stall at the Flanthe Lodge fete on 20th July. Donations on 19th July please.
8. Future events:
  - a. Melford 9.2 mile Gross Cupby 22nd June

90

b. Colchester Athletic 5½ mile ad Dunmow R Run 23rd

September c. Hinck Marathon 14th July Coach organized

1. d. Four 20k - on Oct 12 Geoff organizing a visit.

2. g. Previous Run.

3. a. Gt Oakley. Carl Gladney had been first boy and Richard Haskell 3rd man.

4. b. Wetglen. The results were in 5 year age groups so that everyone appeared to have done well.

c. Lardon. Dower Clemens had been 7th in his age group

10. The Vice Chairman asked me not to mention the fact that

the Seminars shot had not turned up again and when pressed would not promise a delivery date. He did however

5 reveal that he had organized runs of 4½, 7 and 10 miles but nobody was interested because it was raining.

1. There is also a 1.414 mile course somewhere in the area and the committee are hoping to have details of this soon.

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6

5

7

The Minutes } the Meeting held at 7pm on 28th June  
at the Arena.

1. Chris Dawson was in the chair
2. 60 Members were present (50+10J)
3. The minutes } the last meeting were read.
4. Reports } from:
  - a. Day Melford. This was a good if difficult  $9\frac{1}{4}$  mile cross country course, despite the much exaggerated reports } mud, the Club did very well with Richard Haskell being the first } 5 Club runners in the first 14 home. Kendall won the girls trophy and Ian Stephens completed his first run of over this distance.
  - b. An array } trophies was collected by Junior Runners at Dunmow. Clive Stephens was 1st girl under 11, Carl Bladddi was 1st boy under 11 followed by Crisbe Stephens : second place and Kendall won another trophy.
  - c. In a non-fu wet 6 club runs lead by Dave Cole finished in the first half } of the field at Colchester Athletics 5½ road race. The club } was the 5th team in a very strong field.
5. The Vice Chairman had no summer vests but displayed some very large medium sized shorts.
6. Carnival - George and Roy are open to donations } printer and

92

undercoat part for the car. And we don't have any drop tanks for the rafts.

1. 7. Now that Colchester swimming pool is closing David Huddell  
2 is about to start triathlon training there on Tuesday night.  
3 The first (dry run?) will be on 2nd July.
4. 8. The Vice Chairman outlined a plan for a group to  
run to Wemyss <sup>in the</sup> next year for the Wemyss race. The  
group would take about 5 days to run there and another  
group travelling by coach would also arrive in Wemyss at  
the weekend for the run. Various options for making the run  
~~not~~ a fund raising event are possible. Plans will be  
drawn up in the next few months. Dennis disagreed.
5. 9. There were several local runs at the weekend ranging from  
the Great North Run to Ipswich. Except for George Bay and Joann  
who were heading north with the club's best wishes others  
others may or may not run from the Arena at 10am Sunday.
- Copies of a set of Egyptian hieroglyphics recently discovered on the  
Cavers Street archaeological site were distributed by the Vice Chairman  
who claimed they could be used as directions for 3 runs.

Minutes of the Meeting held on 5th July at 7,  
in the Arena.

1. Chris Downs was in the chair.
2. 42 members were present (32+10)
3. The minutes of the previous meeting were read.
4. The Vice Chairman had some summer vests.
5. There was a collection and card for Steve & Jo Woolocks wedding  
a telegram had been sent.
6. ~~7. Cultural~~: The car is happening.

The Vice Chairman entreated members to make sure their costumes were ready for the 27th.

There is a need, of course, for additional circus-like props such as football rattles.

Review time.

The Benningtons had successfully completed the Great North Run  
Tunna did it - Thurs 3rd!

The Ipswich Jaffa's running day had been a very well organized event attended by the Gladddings and Knights, who recommended it. Carl Gladdding was 4th in the u12s.

8. Barbecue. The barbecue will happen on the 24th August.

Food by Big Daddy's as last year. Tickets £2.50.

9. The AGM will take place on 2nd August. Nomination  
for posts will be on 19th July after which voting forms will be

<sup>94</sup>  
distributed to all members.

10. M = Triathlon. The house William Dwyer will be present  
2 to the winner of the Club's first triathlon which will  
3 consist of 3 events of varying lengths yet to be decided  
at a place yet to be decided on a date sometime in  
future.

4 11. The Club has approximately £675 in the bank.  
12. Future Runs.

As there is no local run for adults at the weekend,  
we're to meet for a serious run on Sunday morning.

Most eligible junior members were running in the Sport  
Us meet and the Club was running a water stop.

5 6. When on 14th July a coach will leave at 6am.

1 Basildon Marathon - 6th October for those not attending  
Cockermouth. Brian Bedford has entry forms.

at 7pm in the Arena.

1. Chris Dawes was in the chair and welcomed newcomers to the club.
2. 45 members were present including 12 juniors.
3. The minutes of the previous meeting were read.
4. Reports of runs
  - a. The serious run on Sunday 7th took place with 3 very serious and reasonably <sup>lonely</sup> runners taking part.
  - b. The Sporting Vs Children's fun had been a great success. Kedal was the first girl over miles and Carl was the second boy. Helen Clarke was 4th girl. All the junior members who took part enjoyed it <sup>on their behalf</sup> and Kedal thanked the other members of the Club for their support (very quietly).

In addition to <sup>supplies</sup> a moral support the club manned a water point with Ted Willis providing a personalized service for the slower runners.
5. General
  - a. The cat is now a progressing well but has a strong b. is famous (in at least one shop in Colchester)
  - b. Fay reported that there is now a world shortage of green material in Colchester
  - c. Geoff assured members that if they took part they

would enjoy it ad if they didn't then they wouldn't because they would wish they had.

6. Dawn<sup>Knights</sup> is expecting (a lot) cakes on the 19th ad 20th for the Hamilton Lodge Fete)

7. The meeting on the 26th will be short to allow for Jo ad Steve's party.

8. After lots of discussion, with technical advice from David "Pee Iron Man" Hudgeon, it was decided that the CJC 1st Annual Mac Triathlon for the late Wilkins Memorial Trophy would consist of a  $\frac{1}{4}$  mile swim, 20 mile cycle ride ad 10 mile run. There were difficulties in arranging the cycle race on roads

b. for those without bicycles

c. for those who can't swim.

All of these difficulties can be overcome and the event will happen in September hopefully on a Sunday ad it will probably cost £5 per entrant cover Geoff's administration costs.

9. The soft race : Good News : Chris has some drop tanks Bad News : The race has been cancelled.

10. The AGM will be held on 2nd August ad nominations for appointments will be taken on 19th July.

11. Future runs: Tollersbury 4-mile on 13th ~~July~~ Paratha on 26th a bus will leave at 6 am & for those who can get there on time. For those who arrive late ad wish to catch it up it will use the Abberley or the M11

Minutes of the Meeting Held at Fox on 19th July

97

at the Astoria

1. Chris Davis was in the chair and welcomed new members
2. 48 members were present including 11 juniors
3. The minutes of the previous meeting were read.
4. Previous runs:
  - a. Tollisbury 4 mile. Kedal was first lady and Richard Haskell 2nd man
  - b. Lincoln was a long day for those who caught the bus. Richard Haskell recorded the best time of 1hr 0' 30" for 10 miles. Ian Stevens completed his first and possibly last 10 mile event.
5. Dawn received some cakes.
6. The 1st Annual etc Triathlon was discussed again. David Huddell called Roy Moore a big lump of pudding and hence William who had heard a radio programme on the subject (triathlons not puddings) explained that the event was meant to be a challenge. 12 people had expressed an interest in the event.
7. On a show of hands about 40 people indicated they would be dressing up as devils for the carnival. The car is almost ready.
8. Booking tickets will be available next week.

9. <sup>98</sup> Just prior to explaining that he was willing to stand again as Vice Chairman if he were popular enough, Geoff Gibbs invited all club members to a barbecue at his brothers on Saturday 20th.

10. Nominations for the various committee post were the following:

Post	Nominee	Proposer	Seconder
Chairman	Chris Downs	Dave Wright	Geoff Gibbs
Vice Chairman	Geoff Gibbs	Fay Rooney	Dave Clever
Treasurer	Dave Clever	Roy Moore	George Benington
Secretary	Phil Cooper	David Huddell	Roy Moore
Social Secretary	Dave Wright	Roy Moore	George Benington
P.R.O.	George Benington	David Huddell	Roy Moore
Committee	Gill Battell	Eddy Dunn	Roy Moore
	Brian Bedford	Geoff Gibbs	Roy Moore
	Roy Benington	Dave Wright	George Benington
	John Blundell	Eddy Dunn	Roy Moore
	Dawn Knights	Dave Wright	Phil Cooper
	Roy Moore	George Benington	David Huddell
	Fay Rooney	Eddy Dunn	Roy Moore
	Wayne Fether Temple	Roy Willett	Dave Wright
	Roy Willett	Dave Wright	John Blundell
	Lance Williams	Chris Downs	Dave Wright

Runs at the weekend included Stowmarket on Saturday  
and Kettlebaston on Sunday.

Minutes of the Meeting held at Ty - on Friday 26th  
July 1985 at the Arena

1. Chris Daws was in the chair and welcomed newcomers.
2. 31 Members were present, including 3 juniors
3. The minutes of the previous meeting were read.
4. Reports of runs. Kettlebaston had been a hard but pleasant 10 mile run. Richard Haskell was first home in 61' 51"
5. Barbecue tickets for 24th August are now available price £2.50
6. Carnival. To assist in blowing up balloons etc members were asked to arrive at the Arena by 4 pm. David Huddell, in his absence, was elected to organize the general carnival atmosphere at Cavalry Barracks. Beverly was going to help with make up.
7. forthcoming runs: - Carnival run Sunday 20th at 1030.
8. The short meeting broke up as members disappeared to various social events.

101

Minutes of the Annual General Meeting held  
on 2nd August 1985 in the Arena at 7pm.

1. Chris Downs was in the chair
2. 57 members attended, including 13 juniors.
3. The minutes of the previous meeting were read.
4. It was generally agreed that the Joggers had added a touch of class to what otherwise would have been an ordinary carnival. The trophy had been well deserved and Ray and George were given a vote of thanks for their hard work on the car which was the high spot of our entry.  
After much self congratulation and a report on fishing from Peter Bartlett, Fay read her latest ode. A further vote of thanks was given to Lance Williams for being the nicest policeman in Colchester on the 27th July.

There was some discussion about attending other carnivals but no decision was reached.

5. The carnival run had been a success for the Joggers. 35 numbers took part. George got his photo in the paper again. Kendall and Wendy both won their sections and the club won the team trophy. It was even reported that we organized the run! In an attempt to get his picture in the paper again, George and a group of other posers were going to receive the team trophy on 3rd August.

- 6.<sup>102</sup> David Hugell's camping weekend is booked for 9th - 12th August at Sheringham.
7. Barbecue tickets are available at £2.50 ad £1.50 for children up to 14.
8. Geoff Gibbins has managed to book the Sports Centre pool for 6 - 9 pm on an undisclosed Saturday in September. Because of this the triathlon event will be in the standard format for Lance Williams Memorial Minitriathlons, that is 20 mile cycle ride, 10 mile run and  $\frac{1}{4}$  mile swim. After much heated discussion Geoff offered to see anyone who disagreed with his views outside.
9. A card is being sent to Jayne in Germany.
10. Steve Woolcock thanked the Club for his wedding present and the Club thanked Steve and Jo for their party.
11. Martin Hopkinson requires names for teams to enter Kelvedon on 18th August, Mecca Island on 26th August and Tynne on 8th September.
12. The Club bank account stands at £858.49 (in credit!)
13. Meanwhile in a quiet corner Martin had been counting the votes in the election for committee members. Those elected were:  
Jill Bartlett John Blundell Brian Bedford  
Roy Benington Fay Rooney Lance Williams.  
50 members voted.

# Minutes of the meeting 9<sup>th</sup> August.

- ① Chris Downs was in the chair
- ② not as many members as usual turned up.  
exact number will remain a mystery as the chairman for go  
members to count the
- ③ The minutes of the previous meeting were read.
- ④ A further discussion took place regarding us entering another carnival. No one new of any carnivals coming up in the near future so as per last week no firm decision was made
- ⑤ The Bar-b-q tickets were pushed hard by Dave Wright & Fay and everyone was urged to buy early as there was a rapidly growing demand for them
- ⑥ COASTESER JOGGERS Club Carol singers & Father Christmas were discussed everybody well most people still seem to be keen.
- ⑦ Martin Hopkinson still requires names for the club team at a few local runs
- ⑧ The main topic for the evening was the ~~greatest~~ rear ends of the cyclists on there ~~last~~ voyage of discovery to Cromer. Peter Bartlett ~~said~~ summed up the general feeling of the meeting with the words (THERE BLOODY IDIOTS).

Minutes of the Meeting held on 26th August  
at 7pm at the Area

1. Chris Downe was in the chair
2. 42 Members and 11 Non Members attended.
3. The minutes of the previous meeting were read
4. The main event of the previous week had been the camping weekend. Memorable events included the rounders match, a pair of lost trousers and the noise of the zip going up and down all night on Lance Williams flysheet.  
All in all it had been a great success and a well earned vote of thanks was made to David Hudgell.
5. 2½ members cycled there and back and doubts were expressed as to their sanity.
6. George Bennington is taking names for 2 teams in the Fire Swim.
7. Dave Wright has invented a scoring league system to encourage members of the Club to take part in runs. (if people wanted to run they would join Blasto AC!)
8. Collier and Catchpole have just renewed their sponsorship of the Club with a cheque for £150 and Geoff Gibbons

has just got a registered van.

9. Runs at the weekend: Sat. Sudbury  
Sunday, Kelowna (Team) .  
St Osyth  
All Hallows 10.

10. Geoff is to arrange a club photograph, the age )  
the last one is in doubt.

11. Martin Hopkins is still looking for ten members for  
Mersea on Friday and Tynree on 8 Sep.

12. David Hudgell needs support this Sunday together with  
the other aspiring Van Run.

Minutes of the Meeting held on 23rd August 1985  
at 7pm at the Arena.

1. Chris Davis was in the chair.
2. 39 members, 12 junior members and one baby were present.
3. The minutes of the previous meeting were read.
4. Previous business.

a Sudbury

Carl Gladding was 2nd in his section.

b St Osyth

Despite some doubt about the distance swum  
Club members won 3 trophies.

Phil Knights : Fancy Dress, Rendal Bartlett 1st V14 Girl  
distance and age group unknown

Carl Gladding 2nd V14 boy.

c. Kilcoole

The Club retained the team trophy ~~and~~ despite  
the highly unusual event of Dave Cole getting  
lost, Dave Wright won the 5 mile event.

Eddy Dunn presented the trophies later in the  
evening.

d. All Hallows. A number of older members of the Club visited  
All Hallows again and despite rain enjoyed  
the trip.

5. The George Bentington Section:

a. Five Swimmers. George has 21 names and will try to  
enter a 3rd team in the swim 19-20th October.

b. Cornwall. About 7 of those present expressed an interest

107

in taking part in another carnival. George was to organize the event.

6. The Vice Chairman has not organized a photograph.
- \* 7c. The Colchester Jail escape team of 2 for 28th September. George has the details.
7. A new league table based on target time has been devised and is now in operation.
8. David Huddell, Richard Heskell, Ray Willett and late entrant George Bennington were to take part in the Jordan's Triathlon at Bungay on 25th.
9. An attempt was to be made to organize a barbecue for 24th August.
10. The cod singing is to happen, probably on the move, hence William's legal adviser, David Huddell Chorister and choreographer.
11. The first annual hence William's Memorial Triathlon and Mini Sports Day will be held on 28th September the mini sports day ~~will~~ may include egg and spoon (with real spoons and eggs) 3 legged races and a relay.
12. Future runs: 26th am Heron  
26th pm Yeldham  
29th Sep Wattle  $\frac{1}{2}$  marathon  
22nd Sep Eye Charity Run (no entry fee)

Minutes of the Meeting held at 7 pm on 30th  
September 1985 at the Drama

1. Chris Davis was in the chair
2. 38 Members and 17 junior members were present.
3. The minutes of the previous meeting were read
4. The Vice Chairman and others enjoyed what they could remember of the barbecue which included something to do with bananas and people standing in Ray Moore's light when he was trying to put things on his hawkings. Toodee's
5. The strathball all 4 Club members finished, enjoyed the event, were congratulated on their efforts and thanked other Club members for their support, who they were actually supporting the correct went.
6. Russel Moore was deemed to be better organized than a previous year although Ray Bennington was given the opportunity to record a finishing time of 1 hour 5 minutes on his certificate. Kedel Bartlett was the first lady home in the Single event and collected the senior and junior trophies. The Club narrowly missed winning the team event. Dave Chesser scored a 185 151 40 and almost a barrowload several young members of the Club.
7. H. b. Yeldham was deemed to be a good "fun" event. Carl was 3rd in his category.

7. The egg and spoon race which will include taper-proof eggs and spoons will take place on 2<sup>nd</sup> September at 6pm.
8. David Cleverns (Mr See) has been in the news again. After being interviewed at the wrong time and photographed in the wrong uniform the article appeared in the wrong paper and most of the information in it was wrong.
9. George Bennington is awaiting confirmation of a 3<sup>rd</sup> entry in the Fire Show.
10. After a show of hands it was decided that there was not sufficient support to enter another carnival.
11. The Christmas h. French Kite have now agreed to sponsor the event.
12. The Club has been asked to organize the Guy Fawkes before and firework display on a night sometime in November.
13. David Thurgell, in his new mache visage, that is without triathlon medal and without baby, suggested a social event based on the 60's. Richard Bartlett and other younger members of the club expressed concern about coming as they were in the 60's.
14. Last weekend's events were Elmsstead, Rochford and watching Ray and Geoff exert themselves in the Castle Park. It was possible that Peter Bartlett might go fishing.

6

Minutes of the Meeting held at 7 p.m. on 6th  
September at the Drama.

1. Ching Downs was in the chair.
2. 42 members, 9 juniors and 1 very large dog were present.
3. The minutes of the previous meeting were read.
4. Reports of runs.
  - a. Elstree. World records were set by most Club members at Elstree but the length of the course was in doubt. Peter Dunn was the fast club runner in the "6 mile" fit event and Dave Cole ran a amazing 53' for "12 miles" to be 3rd. Kedal was the first 014 lady and Shanya the first lady over 6 miles.
  - b. Rockford. The event was very well organized. Dave Bedford was the best club runner and Richard Bottlett finished his first 15 mile event.
  - c. British Marathon. Derek Cook completed the meet in 3hr 46'
  - d. Several members took part in the lions "It's a Knock-out" competition. Bill Thompson's appearance as a Marks and Spencer's girl was noted as were Croft Gibbons and Roy Birmingham in the NEEDTA team. The Club is to try to enter next year.
  5. Coddenham & Paris. Dave Wright is coordinating three 2 trips.

6. Martin Hopkins is leaving for Manchester and offered<sup>111</sup> accommodation to all club members at any time. He said he was going to take up fell running. The club wished him well and gave him a card.

7. The 60's Night - To happen on 25th October.

8. An egg and spoon race with various anti-clockwise routes will happen on 7th September at 6 pm.

9. Hand Knitting entry forms are now available at the Nationwide Building Society.

Mintes of the Meeting held on 13th September at Ipswich  
in the Arena.

1. Chris Daws was in the chair
2. 41 members and 12 junior members were present
3. The minutes of the previous meeting were read.
4. Reports on runs:
  - a. Tyther. A grand turn out of 52 club members ran at Tyther. Despite an early start which caused injuries which didn't <sup>effect me</sup> stop our junior members the Club won:  
The U14 (Kendal), U10 (Card) and over 55 (Peter Thomas) in the 4½ mile event and were the best Trotters.  
In the 4½ marathon Dave Bailey finished in 11620' and Eddy Doma was the first lady vet. We were robbed of the team prize by an administrative error.  
The lady runners were thanked for their efforts
  - b. Ipswich. Bill Thompson was 1st Club man in the 4½ and Richard Marshall 1st Club runner in the full marathon.
  - c. Major Spotsy event had been the egg and spoon race in which several world records for the 1.4(4) mile event were set. The event was deemed a success.
  - d. Despite offers of better times George Benington has selected 1am as the time for the Club's teams in the Five

swim. This major achievement by George provoked a family argument the details of which are not recorded.

6. Christmas Fun Run. An advertisement will appear in Roadrunner November issue and one line entry in Running Magazine, Running Review and Marathon & Distance Runner. The Secretary is to have the event publicized in Running Today.

7. It was decided that the Club would order copies of Running Magazine and Running Today, we already received Running Review sporadically.

8. The bank balance stands at £629.68.

9. The Clarion announced <sup>that</sup> a prom race would be held sometime.

10. The Club Christmas Dinner will be held on 7th December at the Marks Tey Hotel.

11. In response to a query on the availability of Club racing, the Vice Chairman said nothing, as he was on holiday in Devon.

114  
Minutes of the meeting held on 20th September at Fox.  
at the Phoenix.

1. Chris Davis was re-elected Chair
2. 28 entries + 12 Turners were entered lots were sold.
3. The results of the previous meeting were read.
4. Previous business:
  - a. Hatfield Show - Richard Knights won his first ever. Redditch was first lady and first lady under 13.
  - b. Festal Baby. The tea was 28th and 70 entries + a tie of 5 hrs 31' (winning tie 4 hrs 31') Peter and Bill were booked for their Lyptton and all enjoyed it. It was recommended for a Club Trip next year.
  - c. Chelmsford H/Tee  $\frac{1}{2}$  M - 3 pm.
  - d. Cockfosters 7 pm - 6 x 5 inches + 1 x  $\frac{1}{2}$  M.
5. The VC had some 34' Shirts and ordinary types but promised more next week.
6. Chisham Fun Run. VC has had a letter from Christopher Barriss inviting him to a meeting on 8th Oct. All appears well.
7. Christmas Dinner and Dance. Dennis didn't enter any music but was entertained.
8. Fox Lane - 4 teams were entered
9. Codsdenath - All is well

115

10. It was agreed that the Club should join the mini  
X country League proposed by Woodbridge Shufflers.

11. There being no local run on a Sunday all Club members  
agreed to meet at the Avenue at 10am for a run.

Minutes of the Meeting held on 27th Sept at the Swan.

1. Chris Dens was in the chair.
  2. 38 members and 10 J Members were present.
  3. The previous minutes were read.
  4. Previous News.
    - a. Hertford. - No one won a prize
    - b. Club Run for the Area - Bob reported that 100 of the Club members did not turn up - 4 did.

The VC was out very well at the time.
  5. The Triathlon and Family Swap.
- The start would be at about 3pm. The pool would be open from 6. Various hints were given by the clubs 'Experts' the main one was to keep out of Ray Willett's way in the pool because his goggles mist up.
6. The Club Photo - will begin on 18th Oct after the meeting. Club members are asked to attend in club kit. The kit will be ordered to supply those looking club strip (at quite reasonable rates).
  7. The Fun Run. The fun run has been rescheduled so as not to clash with Remembrance Day and will now run on or about 10am on 24th Nov. Despite

protests from the Tin miners the cause will be  
anticlockwise.

8. It was decided that the Gray Barker night will be  
5th November

9. George has got a job in the Coyote which is  
a truly wonderful place

10. Mrs. Blodgett Sunday Service.  
Wattle - - - Kite.

11 George Bentz took children

Minutes of the Meeting Held at Farn on 4th October 1985  
 at the Arena

1. Phil Cooper was in the chair.
2. 20 members and 6 junior members were present.
3. The minutes of the previous meeting were read.
4. Previous events.
  - a. The Triathlon. The event was deemed to have been a success despite everyone's refusing to give Wayne the kiss of life and Paul's unique blend of swimming and breathing which he does consecutively as opposed to the more normal method. Special mention to Ray for his runaway victory, Eddy for completing the event despite being a non-swimmer and Jacqui finishing 11th overall and first and only lady. Thanks were expressed to those who selflessly gave up an opportunity to take part to organise the event and the blame for the whole silly idea was given to Lance together with the Club's thanks for his magnificent trophy.
  - b. Halstead. Dave Hacey, who now has a life subscription to the Gazette was 1st in the 6½ mile event and Richard was 3rd. Kendal won the ladies 3½ mile.
  - c. Tately. Carl completed his first ½ marathon in (how 41) so with veteran Dave and junior Carl most of the other male members are under pressure.

5. George Bennington suggested a junior members Christmas party  
the Secretary has written to the North Pole to book Father Christmas  
for a date yet to be announced.
6. It was also agreed that the Most Improved Tagger  
should receive a permanent memento of holding the head  
bark trophy.
7. The thoughts of the members were with those North of Watford  
having heard reports of gales and torrential rain in the Cumbrian  
area.
8. Runs - Sudbury and Cumbria.
9. Dave Lacey and Ian Stevens supervised the joined run.

# Minutes ] the Meeting Held on 1st November.

Chris Davies was in the chair

2 51 Markers + 13 Junior Runners were present

3 The minutes of the previous meeting were read

4 Old Heath.

Approximately  $\frac{1}{3}$  of the runners were Club members  
some of the trophies won were.

5.1 mile Ten. , 9.5 mile ten.

5.1 mil Lady's Under 16 Lady Kendal.

... Old Heath lady Cheryl.

Fancy Dress - Ted's Dog.

Most Determined runner - Carl.

9.5 1st & 2nd lady Sharon and Jacque.  
and the Dave Cole.

Meanwhile Bob, Cleo and were running elsewhere  
and Helen Clark received - Gold Certificate for finishing  
50th out of 800 in the National  
Fun Run.

5 Sixty's Night - Enjoyable.

6 Xmas Diner - 7 Dec deposit to Fay

7. Fireworks - 5 Nov Help was required.

8. Triathlon after much discussion and a vote the next  
Triathlon will be in the same order in about 6 months time.

124

9. Chris Dawes kindly presented all finishers in the last event with a medal. The VC proposed a vote of thanks.
10. David Huddell was placed in sole charge of the carol singing.
11. The Children's party will be held on 14th December.
12. A baby photograph competition happened.
13. Run this weekend: Woods.

125

Minutes of the Meeting Held on 8th November at 7pm  
at the Arena.

1. Chris Daws was in the Chair.
2. Several members were present but the Secretary forgot to count them.
3. The minutes of the previous meeting were read.
4. Woods. The course, although the same as last year, was thought to be short. Sharon may have been 1st lady but received the 2nd lady's prize.
5. The Bonfire. The combined bonfire and barbecue (well it would have been if Geoff had been any nearer the fire) was not without incident. After the event there were lots of bonfire and fireworks left. Dave Wright's family were thanked for disposing of the former.
6. The Baby Competition. Dawn, Richard and Joyce won everyone else lost.
7. A few on Fun. Fair.
  - a. The Tony, as last year, called itself in lack of help but NEEDTA are now supplying the IT system.
  - b. The Garrison however have been very helpful and, apart from the possible problem of toilets, all is going well.
  - c. Publicity is happening and entries are slowly appearing (v60)
  - d. A poster competition was announced. Entries to be judged on 15th.

8. <sup>126</sup> The Bon Race. The formal race ~ 26th November is cancelled however a chariot race will happen on the same day. Basic rules:
- a. 4 person team including at least one lady or junior
  - b. The chariot must have at least one wheel.
  - c. 4 circuits of Abbey Fields
  - d. Every member of the team must ride.
  - e. All 4 members of the team must be in contact with the chariot at all times.
  - f. No beating.

9. Fire Service. The Team Captains had received letters thanking all those taking part for their efforts.
10. Wetglas. The VC explained, very lucidly, the proposed arrangements.
- a. A team of runners with 2 vehicles will run in relay style to Wetglas. The run will start on Sunday night and finish in Wetglas on the Friday prior to their  $\frac{1}{2}$  Marathon on the Sunday. The cost for basics £100
  - b. Others will travel over Friday night and return on the Monday cost ~ £25 for basics.
  - c. Sponsorship will be invited for the  $\frac{1}{2}$  Marathon.
  - d. It may be possible to get sponsorship to help offset the basic costs. This is not guaranteed.

e. Other ideas for a fund raising event in home ground will be welcome.

11. Richard Bartlett was 21

12. The children's Christmas Party was cancelled in favour of the Arena party on 14th December more details later.

13. There were no competitive local runs but Roger Teggard was trying to get support for a Multiple Sclerosis fund raising run to Chelmsford.

14. David Huddell is still trying to organise the Carol Singing.

Minutes of the Meeting Held at 8pm on 15th November 1985  
at the Arena.

1. Chris Downs was in the chair
2. 48 Members, 18 Juvenile members and one green doll were present
3. The minutes of the previous meeting were read.
4. Previous News. 3 Members of the Club had by Roger Taggard took part in the Colchester to Chelmsford Multiple Sclerosis Charity run.
5. Despite the inconclusive nature of one of the competitions everyone enjoyed the Darts night. A vote of thanks was given to Dave Wright for organising the event. At Roy Moore's suggestion, the next evening will be organised by all the other members of the club and Dave Wright will be the competitor.
6. Fun Run.
  - a. The Fun Run Competition was a great success, 15 excellent entries were judged by David Heatter, a relative of 2 highly placed members of the Club won.
  - b. Entries are level with the same stage last year
7. Members were asked not to sit on the window ledge
8. The Charist race has one additional rule - all the wheels of the vehicle must remain in contact with the ground at all

time. This is to prevent members chartering aeroplanes & in order to win the highly desirable trophy.

9. Christmas Dinner. In response to enormous demand, Nut Cutlets will be available as an alternate to turkey. The final date for orders is 29th November. Roy Moore will not be able to have prawns this year, in fact he was very lucky not to have prawns last year.

10. Fund Raising Ideas.

a. Fay Rooney suggested an event which might appeal to the less active joggers - A sponsored shave. Members of the club might be persuaded to part with their beards on April 1st next year. The Chorona had the price of £500 placed on his beard, well the ~~the~~ front bottom part of his <sup>shaved</sup> beard anyway. George Sewing <sup>had</sup> to donate whatever was left of his hair to the same cause. No one shaved much I think = Ray's beard.

b. The only other scheme which met the requirements of being easy and cheap to organise and local so that all including children could take part was a marathon version of the boudoir run dressed as Roman Juggers.

11. The Christmas party that was cancelled, without a vote, is to replace the Club Christmas party which was cancelled for been cancelled word. The Club will therefore organise another Christmas Party to be run on 14th December at 3 pm.

130.

12. David Mudell is still organizing the Carol signs.
13. The Carnival car is to be presented to the (psoral School for Handicapped Children, George Bennington is to arrange details and hopefully publicity.
14. David Heather of the Hamlet Lodge came to tell the Club that the room, to which our fund raising <sup>had been donated,</sup> over £500, was now occupied. He thanked the Club for all its help and extended a welcome to members of the club to visit the Lodge at any time and offered use of the Lodge's grounds to the Club whenever they were needed.
15. Wicked Bus - Great Bentley.

131

Minutes } of the Meeting held on 29th November 1985  
at 7pm at the Arena.

1. Chris Downs was in the chair
2. 53 Members and 8 juniors present.
3. The minutes of the previous meeting were read.
4. Great Bunting despite the death of Typhoo Runner Secretary which was not created with the day, the event had been the usual well organized event. (except for the toilets). The Club won the 5 mile team event with the less young members Bill, Brian, Hen & Dave Kendall won the UK Ladies 5 mile and Ted won the Fancy Dress.
5. Tim Toomey <sup>and Geoff</sup> achieved a PB - A last minute attempt on the Rotherwood <sup>Trophy?</sup> Tim Toomey despite a huge field won the Berg Holt Fun Run.
6. The Chariot race was <sup>to be</sup> held at 10am on Sunday.
7. Dave Cole presented a Trophy for the Xmas Run.
8. 29th November is the last time for booking for the Xmas Dinner with remainder of cash to Fay.
9. There will be a bowls night on 4th January. £5 deposit with name to John Blundell
10. Dave Wright decided to give prizes to 6th finalists in the drivers match. (ods - Tescor).

Minutes of the meeting held on 29th November 1985  
in the Arena at 7pm.

1. Chris Downs was in the chair.
2. 40 members and 11 junior members were present
- 3 The minutes of the previous meeting were read.
4. Last week's events

Bishops Stortford 10 - Brian Bedford recorded a PB  
 The Chariot Race - Huge crowds had turned out on  
 24th to watch 4 chariots and one individual entry  
 in an almost unique event. All 5 entries had  
 broken the rules in one way or another but only  
 one team was stupid strong enough to cover 3  
 laps of the <sup>gruelling</sup> Abbey Fields course. That team, which  
 included the bearded (but not for much longer) Chris  
 Downs decided that they had won. - no one else agreed.

#### 5. Christmas Run.

Entries are on a par with last year - 300 as at last  
 Friday which should produce a final entry of about 800.  
 Because of the security state of the Garrison the event  
 will need to be well organized. Several members of the  
 committee are to meet the MOD Police on 6th November  
 to discuss arrangements and all marshalls will be briefed  
 by the MOD Police on the 13th.

In order to properly organize the event at least 30 marshalls are required. A list is on the notice board for volunteers' names (by the end of last Friday 15 had volunteered). 133

#### 6. Charity Event.

After the experience gained in last Sunday's Chariot Race, most agreed that the charity chariot event should be based on Abbey Fields over a limited period, possibly 6 or 12 hours.

#### 7. Christmas Party.

The event will take place on Saturday 14th between 3 and 6 pm. Names of those attending should be given to George Bannington who will also liaise with Father Christmas on suitable presents. Parents should see George to arrange what food/drink they should bring. A disco and Uncle Ted's magic show will be in attendance.

#### 8. Events at the weekend include the St Albans Marathon and the Wormingford runs.

9. The meeting finished early so that everyone could watch the fireworks which were not set off.

No winter for 6th Dec 85

Minutes of the Meeting held at 7pm on 13th December  
1985 at the arena.

1. Chris Davis was - the Chair
2. Lots of people were there and the Secretary forgot to count them.
3. The minutes of the previous meeting were not written so they were not read.
4. A point was raised from the previous week's meeting.  
It was agreed that a statement of the Club's finances should be given each month.
5. The Christmas Dinner. Ray was disgusted, he was so disgusted that he said he was disgusted 6 times other opinions ranged from very good to not disgusted.  
The festivities after the dinner were enjoyed by all.
6. The Christmas party was all arranged as was the Fun Run with ~700 entries. Dave Willis and the Secretary gave details of the event.
7. Money is still outstanding for the five swim (photographs)
8. The Chairman read out details of a sponsored swim.

Minutes of the Meeting held at 7pm on 20th December 1985  
at the Arena

1. Chris Davies was in the chair.

2. Lots of people were there.

3. The minutes of the previous meeting were read.

4. Previous activities:

a. Carol Singing. The Huddell Harmony group raised £31 whether those who gave them money did it in appreciation of the quality of the singing or just to get in. It is not known but the money was welcome.

b. The Children's Party. George and the 2 boys successfully occupied the junior members and one senior member for 3 hours with the help of Uncle Ted but without the fireworks. They will be let off later (the fireworks not George and the 2 boys).

c. The Run. Despite internal hiccups such as the "carpet-bombed" results several compliments were received from runners. The Chairman thanked all the many members who had helped. Financially the run has not raised as much as last year's entries were slightly down at ~850 and expenses were much higher. The profit is expected to exceed £500.

Thanks were expressed to NEEDTA for the PA system.

- It was decided to repeat the event - similar lines :  
 1986. Helen Clarke, Carl Gladding and Kedal Bartlett all in their  
 category in the race. + Marcus Cox
- 5. The Club had received a card of thanks from Mary  
 Studholme whose husband Paul died at Great Bentley.
  - 6. Statement. The Club had £3864-03 in the bank which  
 included money for the Run and the Diner.
  - 7. Due to Weygbor not holding a race this year the run  
 to Weygbor is probably postponed. Ken Walsh threatens to  
 run 100 miles on 27 April and would be grateful for helpers.
  - 8. Dave Wright is to organize a club Quiz competition.
  - 9. Peter Bartlett is to challenge Tiptree band horses to  
 a race over our 10 mile course. (Other Club members  
 might also take part!).
  - 10. John Bindell has organised a Bonfire Night for 4th Jan.
  - 11. forthcoming runs include Witten with a Boxing Day  
 Chelmsford a 29th Dec.
  - 12. To finish the year the Vice Chairman made a stirring speech  
 outlining the Club's continued success in 1985 and looked forward to a  
 similar result in 1986.