

1

Minutes of the Meeting held at 7pm on Friday 10th August 1984
at the Arena Sports Centre.

1. Chet Downs was the chairman.
2. 20 members attended.
3. Minutes of previous meeting. The Chairman read the minutes of the AGM.
4. Coggeshall Fun Run. The Club has received entry forms for the Coggeshall Fun Run to be held on Sunday 30th September.
5. Cockermouth. Definite numbers of members requiring transport and accommodation for Cockermouth are required by Friday 17th.
[Afternote: The Secretary checked with Cockermouth and there are plenty of places left therefore anyone entering now is guaranteed a place].
6. Beach Party. The venue has been changed to Cudmore Grove. A cycling group will leave the Arena at 11.30 on Sunday 12th August.
7. Badminton Evening. The Vice Chairman reported that the evening had been a great success and had been enjoyed by all who had attended. Dave Wright was to be thanked for organising another good social event.
8. Basketball. The Social Secretary has organised a match against a ladies team on Friday 17th August. Bully off is at 6.30 prompt. As a result the Club Meeting will begin at approximately 7.30.
9. Assault Course Race. A ladies and a gents team has been entered for the race on Sunday 23rd September. [The teams are now undergoing rigorous training at a secret ~~venue~~ ^{venue}.]
10. Disco. A club disco has been arranged in conjunction with the North East Essex D.J.'s Association to be held on Friday 9th November in the Arena. Tickets will be £1 each.
11. Trip to Europe. The Vice Chairman suggested a day trip to Belgium or France costing approximately £15 per head. He will investigate further and report back to the meeting.
12. Barbeque. The Vice Chairman pointed out that the Barbeque was only 2 weeks away [therefore only one week now]. Money for

² tickets should be returned as soon as possible and all efforts made to sell more.

13. Tee and Sweat Shirts. The Vice Chairman (modelling a tasteful emerald green number) said he was taking orders (with cash) for tee and sweat shirts. The orders would be placed with the manufacturer at the end of the month.

14. New Members. The Chairman pointed out that in recent weeks several new members had been lost, in all meanings of the word, because they had not been adequately looked after by established members of the club. Ray Willett suggested that new members should be formally introduced at their first meeting. This was agreed and (to his embarrassment) Martin Hopkinson was introduced to the assembled meeting (he was later escorted round the evening run by the Secretary).

15. The Secretary did not include the fact that Roy Moore had been called a PRAT because he did not want to embarrass Ray.

3

Minutes of the Meeting held at 7.30 pm on Friday
17th August 1984 at the Arena Sports Centre.

1. Chris Downes was in the chair.
2. 20 members were present. There were no new members present.
3. The minutes of the last meeting were read and, eventually, agreed.
4. The Treasurer reported that Club Funds currently stood at £534.51 p.
5. The Chairman asked for maximum support for the Stowmarket Run on 23rd September even though it clashes with the assault course race. (With tears in his eyes, the Chairman told the meeting that he would be unable to take part in the assault course race as he would be starting the Stowmarket Run [whether he finishes it, will be another matter]).
6. George Bennington was thanked for his work in organizing the beach party at Cudmore Grove. The Chairman claimed that his team won the rounders; apart from that, all who attended thoroughly enjoyed the day.

7. ⁴Dennis Taylor was to take firm bids for accommodation at Cockermouth after the meeting.
8. Despite overwhelming odds, they had 7 skilled lady players of 5ft average height who knew some of the rules, whilst Dave Wright's team only had 15 6 footers who brought a new meaning to the phrase "bodily contact", Colchester Joggers beat the ladies by several points at basketball.
9. Despite rigorous training, the ladies' assault course team has been forced to withdraw from the event (due to cowardice beyond the call of duty). George Bennington agreed to lead the men's team to victory on the 23rd September.
10. The Chairman confirmed that a disco will be held at the Arena on 9th November; he would arrange the printing of tickets. The cost will be £1 per head. (remainder of the body may enter free).
11. Because of the large number of social events now planned the trip to France has been postponed sine die (that means for a long time).

12. The Vice Chairman said that money for barbecue tickets⁵ already sold should be returned as soon as possible and more tickets should be sold. Fay Rooney pointed out that, despite many promises, she had only one raffle prize so far (and that had been bought by the Club!).

13. The Vice Chairman said that the 24th August (today) would be the last day for ordering tee and sweat shirts (cash with order!).

14. There were no new members present.

15. Dave Wright is preparing a board with future runs listed, on which members can indicate which they are attending.

16. The Christmas Run is now confirmed as being on 9th December starting at 1.30 pm from the Rugby Club.

17. Personal Abuse. During the meeting the Chairman told Roy to "shut his face" and the Vice Chairman called David Huddell a "wally".

18. Dave Cole said that he was organizing a team to enter the Woods half marathon and would take entry forms on 24th August [today].

6 Minutes of the Meeting held at Farn on 24th August 1986
at the Arena Sports Centre.

1. Chris Downs was in the chair.
2. Twenty-five senior ~~and~~ and two junior members were present including a new member Sidney Day. [John Smith arrived after the meeting and joined]
3. The minutes of the last meeting ~~were~~ were read and agreed
4. Cockermouth. Dave Wright has arranged 2 nights half-board for 24 at £35 per head. The Club is paying the booking fee which Dave will collect in the near future.
5. Assault Course race After much discussion a ladies' team has been found again. George Bennington is trying to organise their re-entry into the race.
6. Barbecue. 130 are being catered for; in the event of more ^{than 130} tickets being sold members are asked to ensure that guests are fed first (conversely if less than 130 turn up members must help consume the food). The Vice Chairman is organising a party to set up the site on Saturday morning. Fay received more raffle prizes at the meeting and was assured more would appear on the night.

7. Tee and Sweat Shirts. The Vice Chairman confirmed that an order for shirts would be sent off and hats would be available for those who wanted them.

8. Events Board. Dave Wright claimed the headaches had prevented his producing the board and promised to do better in the near future.

9. Christmas Run. The Secretary (absent on a well earned holiday) has conned Bovril into giving the club free Bovril for the run. The Chairman said that St John's Ambulance Brigade representatives would come to meet the club nearer the event.

10. Club Photograph The Vice Chairman proposed that a club photograph, to rival the Team Telecom one in the foyer, be taken to ~~bring~~ brighten up the arena. Roy Bennington was the contact with the ~~photograph~~ and a ~~date~~ Friday night in late September was suggested.

11. Runs.

a. Kelvedon. Modesty prevented the Secretary from going into great detail about the Kelvedon run but suffice it to say that the Club won the team trophy.

The race was well organized, very friendly and very hot (John Smith who was one of the organizers ~~was~~ was recruited into the Club)

⁸ b. All Hallows 10. Dave Clemens had a team from "Colchester Athletic Club" (pause to allow Dave Wright to object) in the run. Very hot, 3d) the club ran.

c. Ipswich Hitech. Superbly organised event especially the first water stop (situated on the start line). Very hot, Dave Cole was the best club runner.

12 Hudge. Dave Hugell then took the floor to announce the following:

a. He is trying to negotiate a discount for Club members at Harpers. He will report back.

b. Joggers Holiday Camp. David suggested a hippy style commune on the Norfolk Broads next year for a week with bicycles. He will develop the idea and report back.

(3. Personal House. There was none (it should also be noted that Roy was absent).

Minutes of a Meeting Held at 7.00pm 21st December
of the Alton Sports Club.

- 1) Minutes of the previous meeting held by C. Donald
- 2) The minutes of the previous meeting held by C. Donald.
- 3) There were quite a few members present & notably as many prospective members.

Vick Chairman forgot to call at the time.

4) New Members.

Mr Mike Parker showed before the meeting that he was not prepared to be docked to members because of Vick Chairman's oversight.

Several other people tried to say after the meeting but the V.C. suggested that they look back to a better time. (process of look).

5) Annual Cooks Race

George Brancion said that he is trying to raise a large ladies team, mentioning a practice run was to be held on the Tuesday.

6) Bar-B-Q.

This was discussed & generally

AGREE AS HAVING BEEN A SOCIAL SUCCESS. THE CHAIRMAN SAID THAT IT WAS ALMOST A FINANCIAL SUCCESS TOO, ALTHOUGH NOT QUITE. THE CHOB WISHED TO THANK DAVIS TAYLOR (ABSON) FOR DISCOVERING "BIG DADDIES" FOR THE FOOD. ALSO RAY BROWN FOR THE DISCO WHICH WAS EXCELLENT. A LITTLE OF THANKS SHOT TO THE BLACK DAY.

7) CHRISTMAS FUN RUN

THE CHAIRMAN HAS NOW TAKEN THE FIRST STEPS. LETTERS ARE NOW IN MOTION.

8) CHOB STARTS A FINEST BANOFF

RAY HARRIS THINKS THAT IT MAY HAVE TO BE HELD IN SICK TO GET OVER A COST PROBLEM.

9) FUN TROPHIES

ANY SPONSORSHIP FOUND FOR THE FUN RUN, GAMES, ETC TAKE THE FORM OF A TROPHY OR SOME OTHER PRIZE.

10) RADS.

A SHORT PERIOD OF CPRO CARAVAN WAS HELD TO DISCUSS THE FOLLOWING WORKERS' FUNS.

ii) NFRSSA Fun Run

A Total of approx 25 Club Runners made an impressive turnout for this event. Handicapped, personal performances made less of an impact. Honan was Relieved by Sharad Wright winning the trophy for Second lady Halk. Many congratulations to her. South Members think that the organisation of this event has not all if Sharad have been.

G. Gibbons

¹² Minutes of Meeting Held 7th September 84
at the Drama Sports Club.

- 1) THE MEETING WAS CHAIRMANED BY C. DAWES.
- 2) LAST WEEK'S MINUTES WERE READ & AGREED.
- 3) THE MEETING WAS ATTENDED BY APPROX 31 MEMBERS & 5 PROSPECTIVE MEMBERS.

1) FUN RUN.

THE CHAIRMAN SAID THAT SHORTLY A MEETING WOULD BE HELD WITH FREIGHT-KING (OUR SPONSORS).

5) LAST WEEK FROGS RAN.

Congratulations Go To KENDRA FOR BEING 1ST LADY HAWK OF CLARKS. TAY. MISS KNIGHTS DID EXCELLENTLY WELL AT THE LATTER RD KIDS FUN RUN. MR DAVID LEWIS CHAMBERS HAD A PARTICULARLY BIG ONE TO SHOW FROM 'ALL HAWKS'.

6) BASKET BALL.

THIS WAS FORMERLY ARRANGED WITH A MIXED 'AZON' TEAM FOR FRIDAY 12TH OCTOBER AT 7.00 PM. THIS WAS LATER CONFIRMED WITH THE OPPONENTS. THIS COULD ALSO BE A GOOD TIME FOR THE CLUB PHOTOGRAPH. PAY ATTENTION TO CAFFIN.

7) TEN-PIN Bowling

PROVISIONAL DATES

LATER THE 20TH OR 27TH OCTOBER. SAM BHAGAT -
TO CONFIRM.

8) Notice Board

A FIRM PROMISE WAS

GIVEN BY SAM BHAGAT.

9) THIS WORKERS HAS (8TH 9TH SEPT)

MATERIALS TO

BE INVOLVED AT BOFH IPSWICH A BUSIED MARKET

10) CHARLES PALMER VISIT

HAD REFERRED TO THE

GROBS INVITE TO INSPECT THE NEW BUILDING AT
HARROW HOTEL. PROVISIONAL DATE OF DAY
THIS IS CATEGORIC WITH A SUNDAY TRAINING
HAR. AFTER 11TH?

11) Cochrane Moot

TRANSPORT WAS CONFIRMED

AS BEING TWO MINIBUSES DRIVEN BY close
MATERIALS. COST £16.00 PER HEAD. ACCOMMODATION
BEING AT £32.00 PER HEAD. THEREFORE PROJECTED
COST TOTAL = £51.00.

G. Gibbons

1⁴ Minutes of the Meeting held on 16th September 1984 in the
Arena Sports Centre.

1. The meeting was chaired by Chris Downe.
2. Present were 32 members, 4 junior members and one prospective member. That included 3 new members, Pat Tillett and Robin & Jean Smith.
3. The minutes of the previous meeting were read.
4. Reports on runs:
Elmstead had been enjoyable and, because of the 3 lap course, good for spectators. Shady Wright was first lady Ipswich was well organised except for a strange route to the start. The runs were tough because of hills, rain and wind. Steve Woolcock completed his first marathon.
5. The Treasurer reported that the Club was worth £471-65 (but read as).
6. The Chairman reported that he was due to receive £500 from French Kies on Friday 21st September (Chris will be in the bar from 9pm) he may save some of the money for the Christmas Fun Run.
It is also hoped to have the entry forms by then.
7. The Chairman reminded those who had not paid deposits for the Cockermouth trip that the money was overdue.

8. The Chairman display a series of photographs of the Carnival which are available for £5 per folder.

9. The Vice Chairman, respondent in his green club tee shirt (which no other members yet possess) reported on a meeting of the Arena Social Committee, of which he and John Blundell formed half.

The Arena is organizing a Tony Banks Party on Friday 5th November and asked the Club to help run the party. A vote was taken and a majority were in favour of helping.

10. David Huddell then took over the meeting to explain, in great detail, his plans for a club review to be held in early February 1985. All members of the Club are expected to participate and the dress rehearsal would be held at Hamilton Lodge. A vote was then taken on the sensible idea of having a disco after the review as opposed to Fay Rooney's idea of a barn dance; all the members except me (Fay) voted for a disco. It was also proposed that a display of club trophies, medals, certificates, blood soaked socks, etc should be made at the review to encourage new members.

11. Fresh from his success as a member of the winning team at Levedon, Ray Willett is organizing a team for the Coggeshall 10 mile run on 30th September.

12. A group] club members were going to the Hi-Tech Eastern
Counties Half Marathon on 16th September.

13. At this point the meeting finished and a record
numbers]) Club members took to the streets and latter
monopolized the bar.

Minutes of the Meeting held on 21st September 1984
at the Arena Sports Centre.

17

1. Chris Downs was in the chair.
2. Thirty-Three members, including new member David Hart, 4 junior members and one prospective member attended.
3. The ~~last~~ minutes of the previous meeting were read.
4. Reports on runs:

The Hi-Tech run had been enjoyed by everyone except Roy.

Meanwhile, the Bartlett Section of the Club had been to Chedburgh where Kendal, who finished 3rd, reported that there were lots of water stops.

5. The Chairman reported that he had received a cheque for £500 from French Kier; he would try to arrange a press photograph of the "hand over" later. The Secretary was instructed in an unnecessarily belligerent manner to write and thank French Kier.

A vote of thanks was proposed for Ray Willett (who did not wish to talk about it) for acquiring the BT Start/Finish Boxes. The Chairman confirmed that there would be no problem about using it for the Christmas Run.

Because [] a change in colour requested by the sponsor, the entry forms were not ready but may be by 28th September.

6 David "Mr Showbiz" Hudgell produced a layout for a poster for the Review and Disco and outlined the programme of acts, he received much technical advice from Roy.

7. The Chairman decreed that the Disco to be held on 9th November would be called the "First Annual Joggers" Knees Up", mainly because that was what the tickets had printed on them.

8. George Bennington pointed out that from the several hundred original willing volunteers only 4 remained to tackle the assault course on 23rd September. The team would therefore consist of George and Roy Bennington, Dennis Taylor and David Hudgell. By moral blackmail George persuaded most [] the other members present to sponsor "The Magnificent Four". Later in the meeting Shanya Wright had to be forcibly restrained from attacking George for allowing the other members [] the ladies' team to withdraw.

9. The Chairman stated that some renters still owed money for the Carnival photos and Cockermouth Trip deposits; he

added ominously that he knew who they were.

10. Fay Rooney told the meeting that the Club Christmas Dinner would be held on 1st December at the Marks Tey Hotel, consist of 4 courses and cost £9.50 each; she added that members could pay by installments if they wished. Dave Wright who had just returned from holiday impressed the meeting with his instant grasp of the situation. He told the less astute members of the Club that the reason the Club Christmas Dinner was called the Club Christmas Dinner was that it was held at Christmas.

11. David Thudell had been working on his idea for a Club Holiday and will report at the next meeting.

12. A large group of members (including the Magnificent Four) intend running at Stowmarket on 23rd September.

13. David Thudell received an evasive reply from the Vice Chairman about the delivery date of Club Tee and Sweat Shirts.

14. The Club's next basketball match will be held on Friday 13th October and would be preceded by the Club photograph.

Wayne Tether-Temple was appointed to:

- a. Select the team
- b. Train the team

and c. Be responsible if the team lost.

15. Ray Willett asked about the Club Membership list. The Secretary said he had a master list which Terry Gamble agreed to duplicate.
16. There will be a bowling evening on Saturday 27th October and most members present said they would like to attend.
17. The Chairman announced that there would be a committee meeting on Wednesday 26th September and eventually managed to close the meeting.

Minutes of the Meeting held on 28th September 1984
in the Arena Sports Centre

21

1. The meeting was chaired by Chris Downs.
2. Present were 35 members, one prospective member and 4 Junior members.
3. The minutes of the last meeting were read.
4. Reports on runs:
Stowmarket was friendly if a little disorganized in places. Sharyn Wright was the first lady.
5. Geoff Gibbs agreed to arrange for a team to enter the Fire Swim on 13th October.
6. Review. Chris Downs agreed to try and arrange for the use of the Arena Hall for a rehearsal and the show on the 9th February.
7. David Huddell announced that the Club holiday would be held in the Gower area in the 1st or 2nd week in August 85. The campsite would be used as a base for walks.

22

site seeing, cycling etc. A coach would be used to transport club members to the site. Anyone interested should see David.

15

8. Geoff announced that the teeshirts would be ready by the next meeting.

16

9. Terry Banks produced the membership lists and lists of future events (with some errors).

17

10. The Faversham entry forms may be ready by the next meeting.

11. A large party is to travel to the Cochiemouth Marathon next week and this weekend members were attending the Bradford and Berlin Marathons and the Coggeshall 10 and 5 mile runs.

12. Chris Daws then read, very badly, the proposed menu for the Club Christmas Dinner and Fay is taking names from now on. Closing date for names will be 16th November.

BB.

Minutes of the Meeting held on 5th October 1984
at The Arena Sports Centre.

23

1. The Meeting was chaired by Phil Cooper.
2. 17 members were present including a new member, Paul Abrahams plus 2 junior members.
3. The minutes of the last meeting were read.
4. Reports of Runs.
 - a. 2 weeks previously, on 23rd September, Graham Newey reported that 4 members had run a hilly ½ marathon at Braintree; Colin Thackwell had been first vet.
 - b. Dave Clemens gave a glowing account of the Berlin Marathon and showed us that he had just got another big one (medal that is). He recorded a PB despite the rain and having to stop for a pee. This was watched by 350,000 spectators (the marathon that is). Clem had to feign fatigue at the end in order to be massaged by the attractive ladies at the finish.
 - c. Coggeshall was a little chaotic at the start and wet but Kendal Bartlett was first junior, Sheryn Wright was 2nd lady and the Club won the team trophy.
 - d. Several members ran at Yarmouth and Brussels.

5²⁴ Dave Cole made the point that the Club should concentrate on running rather than social events. It was pointed out that Club members had taken part in 7 races during the previous 2 weeks and that social events, as with all aspects of the Club, were available to those who wished to take part, no one was forced into any activity.

6. The subject of a junior section of the club was raised. It was suggested that club members, in turn, run the junior section during the Friday meeting.

7 Sidney Day raised the matter of attracting more members especially the more reticent joggers e.g. ladies. The Secretary pointed out that publicity at present included: posters which are available for posting in appropriate places, a monthly column in the Gazette and the possibility of an article on the Club in the Gazette. Our main advertisement is personal contacts at race meetings. The Secretary agreed to investigate the cost of car stickers.

8. Tee and sweat shirts had been distributed to some members; other members were advised to ask the Vice Chairman about their orders later.

9. The next meeting will be preceded by the photograph and basketball match.
10. Several members were hoping to run at St Osyth on the 7th but had received no reply to their entries. It was rumoured that some members of the club might be running in the Lake District on the 6th.

Minutes of the Meeting held on the 12th October 1984
in the Arena Sports Centre.

1. Chris Towns was in the chair

2. Prior to the meeting the Club again took on the ladies basketball team. Because the ladies used completely underhand tactics such as having men in their team the Club had to work harder this time. By sheer skill and many other attributes the Club did very well to gain an honorable second place. More astute members of the club will recall that item 14c of the minutes of the 21st September made Wayne Tether-Temple totally responsible if the team lost.

3 Eventually 27 members, including newly paid up member, Jo Harbottle, and 3 junior members assembled for the meeting proper.

4. The minutes of the previous meeting were read.

5. Reports on runs:

a. Cockermouth - Greatly exaggerated claims about the hilly nature of the run were made by some of the members (watch Roy's reaction to that!!) who had visited the Lake District. However, it was agreed by all who attended that the trip had been

a great social success; Fay Rooney had written to thank the hotel on behalf of those who stayed there.

Paul Sacks and Wayne Tether-Temple completed their first marathons.

b. A highly disorganized run at St Osyth ^{not only}, all aboard Sharyn Wright and Roy Bennington to win trophies but Sidney Day and Kendal Bartlett also held up the Club's good name.

c. Not satisfied with this, the Bartlett Section of the Club then moved on to Finchfield where Kendal and Peter were 1st Junior and 1st Male respectively.

6. Because of the late start to the meeting, discussion of the Junior Section of the Club was postponed. It was agreed by all that the Junior Section would not become a child minding service and that, if one were started, parents of members must attend whilst their children were running.

7. Phil Coopers stated that he had started to investigate the cost of car stickers and that the matter had been taken up at the Arena Co-ordinating Committee on 11th October. Chris Downs attended that meeting and reported that the Arena was looking into producing

stickets for all clubs using the Centre, based on a common design.

8 Chris also reported that at the meeting, the Aruma management had promised to put the Club's name up outside the Centre soon and that the Centre's shop was attempting to move in on the Gibbons Associates sportswear business by selling an extended range of goods.

9. Tickets for the disco are now available from Fay Rooney at £1.50 each.

10. Fun Run:

a. To rapturous applause the Chairman produced the entry forms which are now available from Brian Bedford.

b. The Secretary said that the Army were providing free the public address and cooking equipment which would allow the Club to heat the water for the boil and also run a refreshment stall.

11. At this point, in a touching little ceremony, the Secretary was kindly presented with the winning team trophy from the Kelvedon fun run. Modesty prevents him being present whilst

this item is being read out.

2. A group of club members were to run at Dedham on the 14th whilst Terry Gamble was offering to lose others at an orienteering event at Bury St Edmunds.

If no one else mentions it, I thought the Dedham run for 1.25 was a very friendly, well run, (except for confusion on start times) event; the children seemed to enjoy it particularly. Phil

Minutes of the meeting held on the 19th October 1984

- ① Chris Downs was in the chair
- ② A lot of people turned up for the meeting some sat on chairs and some stood.
- ③ The previous meetings minutes were read out.
- ④ Phil Cooper was UNABLE TO ATTEND and sent his apologies.
- ⑤ The main question of the evening was regarding the new running vests and availability, Geoff was not at the meeting and not available for comment
- ⑥ Dave Wright who sat at the front table to keep the chairman company requested photo's news paper cuttings of this years club activities for the scrap book
- ⑦ A reminder was given about the bowling night on Saturday 27th October all names to Dave Wright
- ⑧ Rumour had it that Terry Gamble was first ~~to be~~ club member home in the orienteering expedition but as he was late arriving for the meeting did he really get lost, everyone who took part seemed to have enjoyed themselves in the woods
- ⑨ A Posy Caro from Brussels ~~arrived~~ which was posted in Colchester from the Vice Chairman was on display.
- ⑩ The Chairman started a discussion on the prospect of having a Junior section to the club after which a vote was taken and it was agreed to keep the Junior section as it is now ~~with present~~
- ⑪ The Chairman ^{gave his} apologies as to the total chaos of the meeting but hoped it would be let off lightly
- ⑫ The Chairman also apologised for the ~~recent~~ minutes but he has not done them for over a year.

Minutes of the Meeting held on 26th October 1984
in the Arena Sports Centre.

1. Chris Downs was in the chair
2. Thirty-four members, one prospective policeman and 6 junior members fought for the available chairs. The Gladding family were introduced to the meeting.
3. The minutes of the previous meeting were read.
4. Reports of runs

Brightlingsea. Sharyn was first lady again and Carl Gladding recorded an excellent 1hr 44 minutes.

Burnham on Crouch. The Bartlett Section recorded yet more wins at Burnham.

5. The ~~Chair~~ Vice Chairman, surrounded by running vests, announced the Arena's Tramp Supper which was met with overwhelming apathy.

6. Undaunted he moved on to mention the Guy Fawkes party on 5th November. A number of members volunteered to help on the night and the Knight family agreed to produce a Guy.

7. Dave (Mr Showbiz) Huddell explained, again, the extravaganza planned for 8th February next year.

8. ³² Terry Gamble, flushed with success from not getting lost on the orienteering run, announced that there would be a presentation on orienteering after the meeting on 16 November.

9. To roars of approval, Ray Willett displayed the British Telecom banner and was thanked for obtaining it.

10. Dave Cole kindly invited all members present (and if you were awake earlier you will remember that was a total of 41 people) to use 74 Speedwell Road to change for the Old Heath Run.

Minutes of the Meeting held on Friday 2nd November
at the Arena Sports Centre. 33

Chris Downs was in the chair.

1. 33 members, 2 potential members and 6 junior members were present including new member Lance Williams.

2. Reports from:

a. Old Heath. The Club was represented in strength and won 5 trophies, the 9½ mile ($8\frac{3}{4}$ really) team trophy, $8\frac{3}{4}$ mile 1st Lady - Sharyn Wright, 5 mile 1st Lady and 1st Junior - Kendal Bartlett and 5 mile 3rd male - Dave Cole.

b. Harlow Marathon. Seeking fame and glory, Ray Willett, David Clemens and Steve Woolcroft ran the Harlow Marathon in order to get their picture in the Essex County Standard; Ray recorded a PB.

4. Terry Grable announced that the orienteering presentation on 16th November would consist of a ½ hour talk by John Collier followed by a small orienteering run.

5. Fun Run.

a. Chris Downs had successfully persuaded the Evening Gazette to publicize the run and to cut out all other members of the club except himself from the published photograph.

- b.³⁴ Dave Cole kindly donated a trophy and received the thanks of the meeting.
- c. Brian Bedford reported 23 entries and enquiries from as far afield as Scotland.
- d. Ray Willett asked if British Telecom could run a water stop; this was agreed. In an attempt to win further publicity after the Harlow Marathon affair he threatened to run dressed as Bigby on the 9th December.
- e. In his absence Dave Wright was instructed to organize entries in the Arena winter sports programme. All members of the Club would be required to take part in the Bar Decathlon event.
- f. Proofs of the club photo were displayed and, in addition to an order for members to buy, the Club is to purchase 3 large prints, 1 to hang in the Arena, 1 to give to Collier and Catchpole and 1 to Hamilton Lodge.
- g. Because of the disco there would be no meeting on the 2nd November.
and evening
- h. Requests for help during the afternoon of the 5th for

the Bonfire were made.

- o. Dawn Knight agreed to run a raffle on the 9th of February to clash with David Hudgell's extravaganza. She asked for prizes.

Minutes of the Meeting held on 16th November
at the Arena

1. Chris Downs was in the chair.
2. A lot of people attended [] whom 30 paid their subs
3. The minutes were read.
4. The Chairman cleared up the matter of children in the arena bar. The ruling is that they are allowed in the bar provided their parents keep them under control and vice versa.
5. The Firework Party was deemed to have been a success and made approximately £50 for the Arena.
6. The disco was attended by a lot of people who seemed to enjoy themselves (some more than others). A profit of £71 was made which is being split between NEEDTA and the Club.
7. The second half of the meeting was given over to a talk on orienteering by John Collier and followed by runs and an attempt at orienteering.

Minutes of the Meeting held on 23rd November
At the Arena.

Chris Downs was in the chair

2. Thirty-six people attended the meeting, eventually, five of whom were juniors and lots of them were sweaty.

New member Lawrie Payne was introduced to the meeting.

3. Reports from runs:

a. Orienteering on the 16th this was deemed a success.

b. Woods. Sharyn was the 1st lady over 13 miles, Kendal was the 1st lady over 7 miles. The men failed to win anything but ran with great style and were unlucky not win the team trophy (they were only beaten by a better team!)

c. Great Bentley. Sharyn and Kendal again won prizes.

The men didn't win prizes again.

d. Brighton. Graham Newey reported on a disorganized, boring, flat run and thoroughly recommended the run to those who enjoy disorganized, boring, flat runs near bombed out hotels.

4. Fun Run.

a. Entries stood at 311

b. Car parking may be a problem. Chris Downs was to

investigate the hiring of a field near the Rugby Club.

c. Dawn Knight is organizing a cake stall.

38
5. Geoff Gibbons announced 2 Arena events for which he has tickets - a disco on 21st December and a New Year's Fancy Dress Party on 31st December.

6. Fay Rooney asked for final confirmation of numbers for the Christmas dinner.

Minutes of the meeting held 30th November

AT THE ARENA

- ① Chris Downs was in the chair
- ② Thirty nine people attended the meeting, and six Juniors were present.
- ③ The previous meetings minutes were read out
- ④ PHIL COOPER (SEC) SENT HIS APOLOGIES AS WOULD BE UNABLE TO ATTEND. (HENCE THE SHORT MINUTES)
- ⑤ THE LARGEST DISCUSSION WAS ON THE FUN RUN AND TRYING TO MAKE IT A PROFESSIONAL EVENT
- ⑥ Next on the agenda was the dinner and dance at the Marks Tex Hotel.
- ⑦ GEOFF STILL HAD SOME TICKETS LEFT FOR THE TWO ARENA DISCO'S CHRISTMAS ONE ON THE 21ST DECEMBER AND THE NEW YEAR'S FANCY DRESS ~~ON~~ PARTY TICKETS ARE GOING FAST SO HURRY AND DON'T MISS OUT.
- ⑧ The meeting was kept short for three reasons
 - ① To let the members have a early run
 - ② The chairman had to go back to work (ARR)
 - ③ The chairman was doing the minutes

41

Minutes of the Meeting held on 14th December at 7pm
at the Arena

1. Chris Davies apologized for his absence and Geoff Gibbons took the chair.
2. 27 members and 4 junior members attended.
3. The Fun Run.

Geoff announced that the run had been a success, which everyone agreed. It was estimated that over £2000 profit had been made. The only 'blot' on the event was damage to the Royal London car park grass. The traditional £50 donation was being sent with the Club's apologies.

The problems were discussed and it was agreed that we could improve the event next Christmas.

The best Club runner was Kendall (again) who won the 10 mile most talkative junior lady trophy.

4. Geoff showed the Club photo for mounting in the Arena.
5. Geoff had tickets for the Arena events on the 21st and 31st.
6. Geoff announced that Club hats may be available sometime and that vests and shorts were also on order.
7. The Secretary agreed to get ready entry forms.
8. Some members might take part in the Ipswich 'torchlight' run on Sat 15th.

Minutes of the Meeting held on 8th December 1984
at 7pm in the Arena.

1. Chris Downs took the chair
2. The minutes of the previous meeting were read
3. Twenty-four members and 8 junior members attended
4. The Chairman announced that the Club photograph was now on display in the foyer and the Club's name was on the board outside the Arena (only 5½ months after we arrived here!)

5 Fun Run. The Chairman thanked all members of the club who had worked to make the Run a success, the profit now looks likely to be in excess of £2,200. He hoped that the money can be handed over on 4th

January.

To

There was some discussion on 1985's Fun Run and it was agreed that a single run each year at Christmas was better than attempting 2 runs. There would obviously be need for changes and basing the run on the Arena was suggested. The use of the Hi-Tec organisers from Brightlyon was also mentioned. In view of their organising ability it was agreed that the Army should not be asked to provide refreshments but a more professional organisation

such as the Bay Scouts be used.

The Chairman then reviewed the year's activities from the 24 hour jog around the clock to the Christmas Fun Run and promised an even more varied 1985. Likely ventures ~~were~~^{included} a 24 or 48 hour "jogathon" around Abbey Fields in the Spring to raise money for the Charles Palmer Trust.

2. The "Colchester Joggers' Room" at the Trust would be open on \$ a day in February for members to visit and see where our sponsorship money had been used.

3. Dave Wright announced a darts night on Saturday 12th January in the Arena and the Club's first match in the Claudius Trophy Competition on Thursday 10th January.

4. There was to be no meeting on 28th December but there was some wild talk of a Boxing Day Run and a Boundary Run on 6th January. Several members were going to the Chelmsford Christmas Run on 30th December.

5. The Chairman closed the meeting by wishing all members a Merry Christmas and a Happy New Year.

Here endeth 1984!