

JANUARY 1986

39 attended John Blundells Bowling night at Walton. Dawn Knights won to continue the Knights Bowling tradition. Dave Wright compiled a scrapbook of CJC events during 1995.

Bill Thompson and Georgi Clarke won awards at a Badminton evening at the Arena.

The Club transferred its Building Society Account from the Western as it was closing to the Colchester Building Society.

Jacqui Bamford announced that she would be leaving the Club and joining the Police Force in Suffolk.

The local cross country league proposed by Woodbridge Shufflers had failed to materialise.

FEBRUARY 1986

The Club organised a Boundry Run around Colchester a world record of 2 hours 21 minutes was established, Lance was told that if he got lost to ask a policeman!

John Ekins of Fun Run sponsors French Kier was shown around Hamilton Lodge and saw the Joggers Room by Fay Rooney, Chris Downes, Jill & Pete Bartlett and was very impressed. With a heavy amount of snow on the weekend it was decided to have a Club snowball fight at the University. Dave Hudgell organised it and this was thought to be of the Clubs best ever events!

Chris Downes & Fay Rooney were married on St Valentines Day at ????

The Club this year entered 2 teams in the Arenas Claudius Trophy.

Complaints were aired about the Arena Showers. Chris Downes approached the management who agreed that it did need attention.

Bernie Myers ran a new Club record of 2.08 and Dave Lacey a Vets record of 2.09 in the Bury 20. Dave Wright and Lance both ended their races in the Ambulance and attended to by members of the Local St Johns Brigade. 13 Joggers took part.

Victory in the Claudius Trophy over the motor cycle club by 19 - 10, arguments and discussions were already underway as to the venue of the Christmas Dinner and the theme for the Carnival. Roy Bennington announced the arrival of the Clubs youngest member Jennifer.

MARCH 1986

The Gladdings while on holiday in Ilfracombe and took part in a 4½ mile run and came across Tim Tooney who also just happened to be in Devon.

A group went to Holland for a proposed run later in the year over the 18 mile long Zuiderzee Dam and a camp site was found

and arrangements were made for trip in May.
Bernie Myers established another club best time for 10 miles of 62 minutes in Northampton.

A number of members had now passed a first aid course.

Chris Downes had had his beard removed and raised over £300. Photos of the event appeared in the Evening Gazette and Clem had a ½ page feature about him in the EADT.

Runs over Easter included the Sudbury 7, Lawford Fun Run where Richard Haskell won the fancy dress prize and Kendall the U16 Ladies section.

In the Claudius Trophy there was victory over the netball girls at rounders but defeat at the hands of the Basketball Club.

APRIL 1986

A coach was organised for the popular Reading ½. Dennis Taylor recorded a time of 2.15 which was not among the several PBs, 19 CJC members ran including Clem in 1.55.

Bernie Myers ran his first full marathon at Wolverhampton in 3.01. John Blundell ran the London Marathon dressed as a green fly and Dave Lacey went under 3 hours in 2.55 and Dave Clemens ran 4.41.

At the same time as London a group of Joggers took part in the Rotterdam Marathon, 6 including Bob Kimber ran in the full marathon while Richard & Kendall Bartlett ran in the 15k race.

Clem was to go and run in Australia and appeared on the front of the Yellow Advertiser.

A relay around the Arena (Abbeyfields) was held v Tiptree, CJC had 5 teams, with a team of Matthew Cooper, Dave Norton, Paul Newell, Peter Dunn and Dave Wright winning.

Gravel and Pitt were booked along the with University for the Christmas Dinner.

Sharon Wright started up an exercise class on Wednesday, it was to be continued throughout the summer.

Steve Woolcock and Lance Williams ran a 45 mile training run from Newmarket to Gt Horkesley in 8 hours, as a warm up for an 80 miles event at the end of June.

The Joggers A met the Joggers B in the Claudius Trophy. There was a junior jog staged at the Arena but some of the runners went the wrong way due to poor marshalling.

MAY 1986

Peter Dunn ran his first full marathon in poor conditions at Norfolk and ran 2.58. Dave Lewis (3.25) and Lance Williams (4.01) also ran their first marathons, 8 ran the full and 5 the ½.

Richard Haskell recorded one of the Clubs 1st senior wins of the year at the Witham Fun Run, Carl Gladding and Kendall Bartlett

also winning.

At Maldon, Kendall won again and Helen Clarke was 5th, Sharyn Wright 2nd lady.

Dennis Taylor announced that he was 2nd in the Post Office Driver of the Year competition.

It was discussed that the Club had an Honorary Membership (maximum 5, at anyone time) this would be awarded to anyone with who the Club would like to be associated with in a permanent way, 2 names were initially put forward Dave Heather - Chairman on the Hamilton Lodge Trustees and Walter Freeman a former runner of some stature now in his 80s and was also a member of the Bartlett Mafia.

Some members were finding the exercise class too hard.

Dave Wright organised a Quiz Night at the Arena and it was to be a regular event.

Helen Clarke won U16 Lady at Sawston, Kendall Barlett and Sharon Wright won at Brantham with Dave Lacy 3rd in the ½ marathon. Helen and Jim Clarke also ran a 4 mile race at Hassingbroke.

There was a National Sports Aid Event throughout the world with the main event was centred at Hyde Park in this country with much media attention.

It was felt that the Clubs run from Tiptree to Colchester was a bit of a disappointment, as Tiptree RR knew nothing about the run and did their own thing, £180 was raised for Sport Aid.

There was a small run in Castle Park but only Cheryl Williams attended from the Club. A ½ marathon in East London also incorporated the Sports Aid event and several of the Club took part in this with over 1,000 entries and Dave Lacy ran a PB of 1.16.

Other runs took place at Langham (CJC 1st team in the 6½ mile run led by Dave Lacy) and Hatfield Broad Oak on the Bank Holiday Monday.

There were attempts at putting together a Tug of War team but problems with a) no rope and b) only 5 interested.

JUNE 1986

Peter Bartlett was appointed a new team captain as there had been no replacement since Martin Hopkinson left.

The Club won both team prizes at Gt Bentley (where 52 CJC ran) and Sharon Wright was 1st lady. The Club trip to Holland to run the 18 miles in 1 straight line over the Zuider Zee Dam was a great success. 10 took part with Chris Downes driving the back up mini bus.

- The Club held a bad taste disco at the Arena, members dressed in a variety of clothes. Dave Wright acquired a Colchester AC shirt for the evening!

The Colchester Marathon (again won by Martin James, Colchester AC) and ½ gained a mixed reaction saying the event could be better organised. 12 CJC ran the marathon led by Jerry Everett 3.04 and 24 in the ½ led by Dave Cole 1.22. The Gt North Run the country's largest race was attended by several of the clubs members on the same day.

Gt Oakley had an 8 mile run that was dominated by the presence of the Club. Lance did a ½ marathon in the Isle of Sky in 1.40. Geoff donated an owl as a club mascot.

The Club ran a coach to the Lincoln 10k one of the largest 10k races in the country. Dave Wright had received a letter from Todays Runner Magazine which asked whether the Club would be interested in forming a winter cross country league with other local running clubs.

The Club agreed it was a good idea.

Dave Lacy was 2nd in a run at Long Melford.

The Club staged its 2nd Triathlon and Steve Woolcock (2.26.48) beat last years winner Ray Willett by 2 minutes. Jacqui Bamford (3.29) was once again the only female finisher. French Kier announced that they will increase their sponsorship of the Clubs Fun Run to £500 as well as printing the numbers.

The young 12 year old Carl Gladding ran the Clacton - Walton 14 in 1.46. Most of the rest of the Clubs juniors went to run at Chattisham and won the junior team prize.

Lance Williams, Steve Woolcock and Jerry Everett took part in an 80 mile race over the South Downes Way (Petersfield to Eastbourne). It took them 23½ hours on one of the hottest days of the year. Margaret, Jo and John Blundell were the trios backup.

JULY 1986

The Sporting Us held their annual 2½ and 5 mile fun runs and CJC Helen Clarke, Anne Goff and Charlotte Goff came in 1, 2, 3 and Carl Gladding was 3rd boy, at Layer Road Football ground.

In a senior relay event in Sudbury the Club also had 1, 2, 3. The Club ran a tombola stall at Hamilton Lodge Fete and made £79. Phil Knights, Jerry Everett, Chris Downes and Phil Cooper crewed a large blue raft in the Colchester Raft race in Castle Park. It went very fast but would not go in straight lines!

The Club ran a coach to the Lincoln 10 (18 CJC ran) and also visited the cathedral and castle after the race. Fay Downes raised £65 for Hamilton Lodge from the Zuider Zee trip sponsorship.

Collier Catchpole continued their sponsorship of the Club for another year. A CJC 5 a side Football Team beat a University team on their own territory 15-7 captained by Ian Stevens.

Jerry Everett became the first Jogger to do a fell race at a race in the village of Peak Forest in Derbyshire and found that fell runners were a different breed and was 70th/80.

Roy Moore and George Bennington constructed a very large Pirate Galleon which was built around one of Chris Downes Willhire lorries as the Club took to the high seas and dressed as pirates for the towns carnival, and group photos pleased the press of the Gazette and Yellow Advertiser if not the judges who did not give the Club a trophy this year.

AUGUST 1986

At the AGM the following were elected:

Chairman	Chris Downes
Vice Chairman	Geoff Gibbins
Treasurer	Jill Bartlett
Secretary	Phil Coooper
Assistant Secretary	Rachel Williams
Membership Secretary	Nicola Lankester
Social Secretary	Dave Wright
Press Secretary	George Bennington
Committee:	Brian Bedford
	Roy Bennington
	John Blundell
	Dawn Knights
	Roy Moore
	Lance Williams

The Club had £301.80 in the bank and a membership of 140.

Sharyn Wright married Brian Aitken, many of the Club members attended the couples wedding and reception held at the Royal London.

A camping weekend was held at Kessingland nr Lowestoft. A fun filled weekend was had by a large number of Joggers, some stayed for the week.

Jerry Everett travelled to Russia and ran in the Moscow Marathon (3.20), he also spent 4 days in Leningrad and swapped his Joggers vest for a Russian one with lots of Russian writing on it and was also featured in the Evening Gazette.

6 teams took to the pool for the Colchester Fire Swim at the sports centre.

The Goff girls had a 1, 2 U14 at Earls Colne and Richard Haskell was 3rd senior.

A fun sports day was held at Hamilton lodge which included such events as sack races egg & spoon races, 3 legged races and a dream mile and a pie fight and welly throwing.

Dave Wright modelled a new running strip that was now available at £8.40.

The Club won all the junior prizes at Mersea with Kendall and the Goffs (45 CJC runners took part).

SEPTEMBER 1986

The Club won all the junior prizes at Tiptree and Dave Lacy won the Vets races and we won the team prize with 41 CJC runners

there.

Peter Thomas won a senior vets prize at Hatfield Peveral. Richard Haskell ran 3.12 in the Ipswich Marathon. Paul Newell 3.33 and Ray Willett 3.40.

The Club had a Tombola Stall at the Arena Fun Day and raised £53.89. The splat the Jogger also attracted interest and a few sadists and the Chairman won the 'heave the bail of hay' an Arena world record of 19½ feet. Fun run sponsors announced that they have changed their name from French Kier to Beezer Homes.

Jerry Everett ran 3.02 in the Glasgow Marathon.

Clem was gaining a reputation for winning the raffle every week and he completed the Martlesham ½ in 1.51.18.

A full coach went to the Fenland Relay 50 miles at March, Stilton Striders won the event our best team was 33rd with Peter Goff, Richard Haskell, Dave Cole, Dave Lewis and John Turton.

At Kelvedon CJC won the team prize, John Turton was 2nd, Anne Goff 1st girl (6½ miles), Richard Goff 1st boy in 13 mile race.

Jerry Everett ran 3.02 in the Berlin Marathon. Where also Clem went before going to Vancouver, Canada for the World Vets Champs, where he ran 50.32 in the 10K and had to drop out of the Marathon at 20 miles. Geoff Gibbins (3.37), Brian Bedford (3.19) and Bill Thompson (3.41) and Roger Jaggard who was last (4.59.03) all went to the Brussels Marathon.

Carl Gladding ran 70 minutes in the Yarmouth 10.

OCTOBER 1986

A team entered and won a Police Pub games evening at the Police Station in Queens Street ahead of Lance's Police team.

A minibus went to Cockermouth for a long weekend and stayed at the Trout Hotel and again took part in the Cumbrian Lakes Marathon. Paul Snook became the youngest member to run a marathon (4.21), 8 ran the full marathon and Richard Bartlett in the ½ marathon. The Club kidnapped a large race banner in the middle of the night from the High Street and handed a ransom note at the local newspaper offices and demanded race sponsors contributed to Jacqui Bamfords sponsorship if they wished to see it again. £50 was later offered by Sealy Posterpedic.

There was a record turn out of 67 CJC runners ran in the Dedham Fun Run, over 5 and 2½ mile courses.

A darts night was held at the Arena and sponsored by Carling Black Label, several members took part.

A meeting was held to set up a local cross country league, between ourselves, Tiptree, Halstead, Harwich and Springfield Striders. 8 men and 4 ladies were to score in the 5 x 5 miles races.

Nutty Newell having lost to Dave Wright has to eat his hat.

Bill Thompson received his runner of the month medal for November and Tim Tooney was Decembers runner of the month.

George Bennington
Jim Clarke
Peter Goff
Dawn Knights
Jerry Everett (who was also on the
committee of Colchester & Tendring AC)

Basildon Marathon, Clem did a PW of 5.13.33 but still did a lap of honour on the track as he was the oldest runner.

Dave Wright had warned the club about the notorious reputation of a particular race in Chelmsford, but this years event bettered all previous attempts. The lead car got lost, many runners got lost, irate runners were seen in various acts of masochism, it poured down with rain, the results were muddled up, and no results could be sent out!

Steve Woolcock won the 2nd Biathlon and Richard Bartlett won the short event.

The Club introduced a rule to apply from the coach trip to the Fenland relay next month. If you put your name on a list for a coach trip on the notice board, you pay for the seat even if you don't turn up on the day.

Over 40 members have indicated that they will pay a track levy to fund the use of facilities at the Garrison Athletics track for a 3 month trial period. Membership of CJC Track Club will only be open to club members and only to those paying the £6 subscription.

Steve Woolcock and Richard Bartlett won the 2 races in the 3rd Biathlon.

The club entered a team in the Arena Rounders Competition, Dennis led his team to victory and now meet the football team in the semi final.

Dave Lacy had an excellent run in the Lincoln ½ and recorded 1.14 in heavy rain.

AUGUST 1987

Gt Bentley staged a mid week relay for teams of 4 at Aingers Green. A team of CJC U20s led by John Turton won the event.

The Club staged a cricket match at Gt Horkesley cricket ground where the clubs under 40s took on the over 40s but the event turned out to be a total washout after only 5 overs, hailstones and heavy rain flooded the pitch.

Margaret & her band of ladies saved the day with a fine spread of food which was consumed as the rain fell.

Fay appeared on BBC Essex to try and encourage more women to take up running and to come along to CJC.

- It was decided not to enter teams in the Fire Swim this year due to difficulties in collecting promised sponsorship last year.

At Colchester & Tendring AC Annual Bank Holiday Open Track

The Club then entered 2 teams in a Music Quiz at Woods and a team in a Football Quiz at the Royal London Sports Centre.

DECEMBER 1986

3 travelled to St Albans for the Marathon, Jerry Everett (3.08), Ray Willett (3.30) and Phil Knights knocking ½ hour of his last marathon in 3.57.

7 juniors took part in the NE Essex Schools XC at the University. Helen Clarke & Kendall Bartlett were both 4th, Richard Goff 11th all qualifying for the County.

180 ran in the Harwich Todays Runner XC League, from the Scout Hut, Dovercourt which went along the seafront. Results were 1. CJC, 2. Harwich, 3. Springfield, 4. Tiptree, 5. Halstead, 6. Witham, who has now joined the league. Todays Runners sent a reporter and photographer to the race, several pictures appeared in the magazine including one of Jim and Helen Clarke.

CJC Christmas 5 & 10 mile Fun Runs. The previous week John Turton (10 miles) and Dave Lacy (5 miles) won the Clubs own marshalls run as club members were needed for the actual race.

A large group attended the Hamilton lodge Carol Service on the 16th.

The Christmas Childrens party at the Arena. Helen Clarke won Junior Jogger of the year, Ted Williams performed as a magician and Father Christmas made a guest appearance.

Steve Woolcock and Jerry Everett both ran in the County XC Champs at Leigh on Sea. Jerry then flew to Israel to do the Sea of Galilee Marathon in Tiberias, the worlds lowest marathon, he also ran in Jerusalem and Netanya in 5k races.

11 went to Witham 5 Boxing Day, Dave Lacy ran 28.10, and Anne Goff was 1st U15. The Goffs then travelled to Maidenhead, 2 days later for a 6 mile xc race where Anne again won.

Most of the Club saw in the New Year at the Arena's Fancy Dress Party where Dave Wright was wandering around as a pirate with a dead parrot on his shoulder!

JANUARY 1987

Richard Goff won the Clubs 1st Trophy of the year only 4 days into it at the Marconi ½ Marathon in Chelmsford. It was his 1st ½ marathon and he was 1st junior in 1.30.

Ted Williams had once again produced a year club scrapbook and Peter Goff a years results book.

Winter League XC at Halstead F.C. CJC won by 19 points. It was very cold included some road sections along A604, approx 7 hills and over grassland. 140 ran 1st CJC, 2nd Springfield, 3rd Tiptree, 4th Halstead, 5th Harwich, 6th Witham.

Jerry Everett ran in the Eastern Counties XC Champs at Ampthill, 189 ran .

Geoff Gibbins had abandoned his clubs commitments and gone off to Australia for 6 months (?) and left Chris Downes & Dave Wright in charge.

Another new arrival for the Club Eddie & Kathy Dunn had a son.

Several of the Hamilton Lodge Residents came along for the presentation of the £1307 cheque to Dave Heather. The Evening Gazette photographed the event Karen Headland of sponsors Beezer Homes was also present. Ken Runnicles from the Gazette then answered questions from the floor about sports coverage. The Joggers then got 2 photos in the paper in the same week!

FEBRUARY 1987

Sharyn Aitken announced that she was leaving the Club to live in Berlin.

Springfield TR XC, 53 CJC runners in Hylands Park and CJC won by 63 points, Chris Downes & Dave Heather both ran.

Dave Lacy broke the hour for the first time in 59.28 in the Chelmsford 10 race, many runners went on to that from the XC in the morning.

1st CJC 341, 2nd Springfield 407, 3rd Halsted 400, 4th Tiptree 441, 5th Harwich 567, 6th Witham 532,. 162 ran in the race.

The Club was look after new members as one got lost last week. Members were asked to make sure it never happens again.

The Sealy Banner was returned to the Lake District as payment had been received.

Pete Dunn was the highest placed CJC runner in the Bury 20, 2.03. Ted Williams & Tony ?? both did their first 20 milers.

Several went to Lincoln for the 1/3 marathon which is 8 2/3 miles. Ray Moore described the courses as flat and hilly! over 1,000 runners took part.

Club photo was now framed and on the wall.

Final round of TR XC at Tiptree, CJC had 58 runners and won

by 49 points and so won the league. Bernie Myers was the top man in the league table for the 5 races with Anne Goff 1st lady, Dave Lacy and Dave Cole 1st Vets, Richard Goff 1st Junior.

End of season disco to be held at the Arena for a Presentation evening.

MARCH 1987

Martians will be the theme for the Carnival this year. University again booked for Dinner. Football match at Clairmont Road v Paul Snook XI, lost heavily.

Brian Bedford ran 1.26 in the Hague ½ in Holland.

Most of the Club went to Colchester & Tendring AC TLA Run. John Turton was 4th in the 10 mile run, Richard Goff 1st Junior in the 2½ mile, Victoria Wilson 2nd girl, Cheryl Williams 3rd girl. Richard Haskell 3rd in 5 mile race.

Nikki Lankaster produced a club membership list so everyone could now contact each other.

Dawn & Lance won the annual bowls pairs competition at Walton.

76 CJC members ran in the Clacton Fun Run and trophies were won by Carl Gladding, Helen Clarke, Bob White & Clem.

A coach went to Hastings ½, 2,700 ran in a very hilly race. Dave Lacy came 29th, Robin & Sally had a colour photo of themselves on the front of the local paper.

Today's Runner League Relay at Abbeyfields but no Harwich & Witham. Tiptree won and we were 2nd.

Trip to Ipswich Town FC was organised by Hudge. Chris & Dave W purchased a large amount of race equipment including several thousand numbers from the organisers of the Hi-tec Race Series who lived in Brightlingsea.

Ian Stevens was given an award for CJC Marshall of the year.

APRIL 1987

David introduced a French Jogger to the club but had difficulty in pronouncing her name.

2 coaches were taken to the Reading ½ marathon and Dave Lacy ran an excellent 1.14.

Jerry Everett ran 3.00.55 in the Wolverhampton Marathon.

No meeting was held Good Friday.

Keith Nelson, Editor of Today's Runner declined our invitation to our awards evening and the club discovered that the magazine would not be giving us a trophy or medals for winning the league.

Trip to see Time on 30th May was organised.

Dave Lacy ran a PB of 1.12.55 (club record) at Harwich ½ marathon. Ian Anderton & Malcolm Gladding also achieved PBs.

Those running in the London marathon appeared on the front cover of Hamilton Lodges Newsletter.

72 hour power jog was held over the Easter weekend. Most of the Club were involved in hourly slots on the machines raising lots of sponsorship. Plenty of media coverage. Club was trying to contact the Guinness Book of Records to get in an entry. The 1st machine used broke and one was hastily borrowed from the Army and we then had to get a new belt for the 2nd one costing £50.

15 took part in the London Marathon (coach was ran), R Willett, G Bennington and B Bedford all ran PBs. Bob Kimber won a £5 bet by beating Steve Woolcock, a large CJC banner was clearly seen on TV at the Cutty Sark.

Childrens Fun Run at the Arena, 1st Anne Goff, 2nd Helen Clarke, 3rd Charlotte Goff, Helen Stevens won her age group and Toni Knights was 3rd.

MAY 1987

Richard Haskell & John Turton were 1st and 2nd in the 3 mile race at Witham. Junior success at Hatfield Peveral, Halstead and Maldon. Tim Tooney won the Aldeburgh XC Marathon in Suffolk in 3½ hours.

Trip to see the musical Time was run.

Complaints from the floor about CJC coverage in the Evening Gazette and EADT.

John Turton & Kendall Bartlett both were winners in the 7 mile race at Brantham, Dave Lacy was 2nd in the ½ marathon.

The Frinton & Walton ½ marathon and fun run was poorly organised at the finish, runners were appearing from 3 directions. Lance & Steve Woolcock ran there from Colchester and then ran the ½ marathon in 2.35.

Pete Thomas took over from Peter Bartlett as team manager and was responsible for picking and entering teams (except for Fenland 50).

Sudbury Wheelbarrow Push, 40 teams entered 7 from CJC. The race consisted of teams of 4 dressed in fancy dress along with wheelbarrows decorated, starting at 1 min intervals and visiting various pubs around Sudbury where 1 pint of beer/orange juice was consumed before moving on to the next pub, in as fast as time as possible. There was a very high standard of entry. The winners were dressed as female nurses and pushing a very ill looking dummy in a bed-come wheelbarrow. Dave Lacy, Richard Bartlett, Jerry Everett and ??? won in a course record of

It was agreed this was one of the best events the club had taken part in so far.

The Club were 1st, 2nd, 3rd mens teams, 1st fancy dress and

2nd womens team.

Dave Lacy was 23rd & 1st Vet in the East London ½ marathon in a field of 4,000.

CJC won both team trophies at Langham, Graham Goodenough 1st Vet, Helen Clarke 1st Lady and junior, Bernie Myers was 3rd in the ½, Geraldine Russell completed her 1st ½.

Clem ran at St Neots in the ½ marathon.

No Gravel & Pitt at the dinner this year as they are already fully booked.

Tollesbury Seawall Run, Dave Lacy 1st despite taking wrong turning and running further than everyone else. CJC also won team prize.

36 went on a trip to see Time, didn't get back to 1.45am, Lance Williams was on the start line in Barking at 8.00am for the Metropolitan Police 34 miles walk to Southend and won several medals including 1st novice and 1st team.

Bill Thompson recommended the Baddow 10 as he had run a PB.

The Club also held a logo competition.

JUNE 1987

A trophy and Todays Runner Magazine keyrings turned up and were presented to all that took part in the XC league. The club had several relay teams in a race at Basildon. Teams of 3, 1 vet/junior, 1 senior, 1 lady/girl. It was held on a Friday night and run around an industrial estate.

Many complaints from the club about the Colchester ½ marathon, a too narrow start, starting the kids race with seniors meant that the kids got in the way, poor water stations, poor medals, badly marshalled. Rambo was 1st vet in the ½ and Victoria Wilson won the girls fun run.

Dave Wright announced a new club award - Runner of the Month - to be awarded on the last Friday of each month.

The award is for effort and not just for results. To start in July 1987.

John Turton 4th and Carl Gladding 1st junior in a 5 mile race at High Easter. Charlotte Goff 1st U10 in Mendlesham 2, Richard Haskell 2nd in 6 mile race, Anne Goff 1st lady and with Tim Tooney they won the team prize.

Peter Goff compiled a 1985 results year book selling at £1 a copy.

Club will stage a junior run and a biathlon league. Beezer once again agreed to sponsor our fun run.

Richard Knights won the logo competition for the Club, but is too difficult to use so a the runner up logo is to be used. The hedgehog will be the club mascot.

Since 1st June, Club has started to issue a membership card and are valid as Arena membership cards.

Ted Williams donated a football autographed by Colchester Utd FC to raise money for Hamilton Lodge at the Fete in September.

Gt North Run was enjoyed by those who ran, Carl Gladding ran in the junior race the day before which finished at the Gateshead stadium. Ray Willett, Geoff Gibbins, Tony & Jackie Dale all completed the Tough Jordans Triathlon in Bedford.

JULY 1987

The marriage of Richard Bartlett to Nicola Lancaster took place on 4th July at Mile End Church, a lot of the club were invited to the evening reception at Severalls Social Club.

At the Essex Border run at Brantham, Dave Lacy was 2nd and 1st vet in ½ and John Turton won the 5 mile race.

South Downes 80, all 6 runners finished, Ray Willett and Dave Wright 19½ hours, John Blundell 19.58, Paul Newell 21.58, George Bennington 24½ hours and Carl Murdoch ??

Geoff Gibbins had contacted Major Morratt from Colchester Garrison about using the athletics track on a regular basis, once a week but the club must have a firm commitment to the idea.

John Blundell was awarded the first ever Runner of the Month for his PB in the Colchester Marathon and excellent run in the South Downes 80.

Geoff Gibbins announced that Chris Downes was standing down at this years AGM (12th Aug) as Club Chairman and the club would like to show its appreciation to all the hard work he had done and make him President of the Club.

The Club made a profit of £125 from the Joggers Childrens Fun Run. Charlotte Goff was 1st girl in 2½ miles run, Carl Gladding 2nd boy, Mathew Gladding was 1st boy in U7s, Helen Stevens 1st U7 girl. Entries were sent to all local schools.

£210 was made from the Powerjog event and was presented to Jackie and Marjorie from Hamilton Lodge by Chris. Money will go towards the Joggers greenhouse which Chris Downes will open at their garden fete on 26th September.

Jim Wallace of Witham RR won the 3rd CJC Triathlon, Witham RR were 1st, 2nd, 3rd with Ray Willett 4th, juniors Carl Booth and Tom Rooney also completed the course.

Dave Wright was spotted riding a shopper bike about 3 miles from the finish at the Sports Centre on Mersea Road, stopping all the traffic going round the roundabout.

Dave Lacy ran a PB at Cambridge ½ in 1.12, 3rd vet, 27th overall.

Jerry Everett returned to the Peak District for another fell race.

Chris Downes, Robin Reed, Phil Knights, Richard Bartlett were 3rd in the Colchester Raft Race, 30 rafts entered. Dennis Taylor and Kendall Bartlett both ended up being thrown in the river.

A strawberry competition was organised by Dave Hudgell, members had to make something with strawberries. Judged and tasted by Joyce Gladding, Claire Stevens cake was nominated the winner.

The 1st Clubs Biathlon was won by Ray Willett, 7½ mile run and 20 mile bike ride, for the Vets and novices a 2.8 mile run and 7½ mile bike ride. Everyone beat Dennis.

Martians was the theme for the Colchester Carnival this year with a distinct green tinge. George & Roy this year spent many hours in the construction on a spaceship which came 3rd in the junior section but broke and did not get very far in the parade. The UFO was abandoned by the roadside in Butt Road and the aliens had to walk round.

The spaceship was then given to Donnyland Lodge Childrens Home.

On 31st July the Club celebrated its 5th Birthday at the Friday meeting at the Arena. A photograph was produced of when the Club was only 4 weeks old, extracts were read from the 1st minute book and Chris Downes produced a cake featuring a jogger who characterised all the best parts of the club. Some of the original members were invited to the evening.

The numbers were down a bit as some were at Kessingland on the camping weekend, a good time was had by all.

Dave Hudgell was Julys Runner of the Month.

AUGUST 1987

The Clubs AGM was held at the Arena, Friday meeting on 5th August, 49 attended.

The Clubs bank balance stood at £720.31. Chris Downes was presented with a silver tankard as he was standing down as Chairman by Dave Wright and an engraved glass tankard and signed card from the residents of Hamilton Lodge.

Dave Lewis who missed last weeks meeting brought in a birthday cake for the Clubs 5th which was well received by all.

The following Committee were elected.

Chairman	Geoff Gibbins
Vice Chairman	Dave Wright
Secretary	Phil Cooper
Membership Sec	Nicki Bartlett
Assistant Sec	Rachel Williams
Treasurer	Jill Bartlett
Press Officer	Fay Downes
Committee	John Blundell

The Club won most of the prizes at Old Heath and Langham including Ted Williams fancy dress prize.

4 took part in the Harlow Marathon, Barry Bartlett (5.04), Ray Willett (3.1), Bob Kimber (4.02) and Steve Woolcock (4.24). Geoff Gibbins broke 4 hours in the Dublin Marathon but Bernie Myers was forced to retire with an injury.

Jerry Everett and Paul Newell tackled the tough Snowdon Marathon in Wales running 3.21 and 3.52 respectively.

Ian Stevens was put in charge of the first cross country course at Abbeyfields for next months race.

NOVEMBER 1986

The first ever Todays Runner winter xc league race was hosted by CJC and involved a 3 lap course over Abbeyfields. Food was served at the Arena after the race. CJC won by 1 point:
1st CJC 292, 2nd Springfield 298, 3rd Harwich 403, 4th Halstead 405, 5th Tiptree 427.

Springfield had a 1, 2, 3 in the race with 1. Bryn Davies, 2. Mark Healey, 3. Rob O'Reagan. In the ladies race 1. Sharon Wakefield, Tiptree, 2. Sue Baker, Tiptree, 3. Sharyn Aitken CJC. 135 ran of which 38 were ladies, 44 were Joggers of which 8 were ladies.

CJC scorers were: 6. John Turton, 7. Dave Cole, 8. Bernie Myers, 15. Tim Tooney, 17. Dave Lewis, 19. Brian Moore, 21. Steve Woolcock, 23. Dave Wright.

Ladies 42. Sharyn Aitken, 44. Helen Clarke, 47. Anne Goff, 48. Charlotte Goff. Clive Churchyard was the last CJC finisher in 127 just behind Sally Brown and Rachel Williams.

The success by the club was more of a surprise considering the previous night the club staged its Annual Dinner, at Wivenhoe Park Conference Centre, and cabaret so most were worse for wear.

Geoff Gibbins recital of New York, New York, Sharyn and Mel along with Dave Wrights Runners Poem, Dave Lewis 50 ways to be a Jogger and Clems bad jokes were amongst the highlights of the Club best ever dinner.

Pete Thomas was voted Jogger of the year and a Club meeting Jill & Pete Bartlett received their shield for Club person of the year from Stuart from Hamilton Lodge.

Alan Kaye, Market Hillfield School and Dave Heather, Hamilton Lodge were presented with £300 each raised from the 80 mile South Downes. Both brought along some items which the money helped to buy.

The Joggers as usual dominated the Gt Bentley Fun Run, 48 joggers in the 5 mile and 18 in the 12.2 which continues to amaze with its very large fields of runners.

The Club had a team on BBC Essex's Trivial Pursuit Team Challenge Quiz but were beaten by a team from Billericay.

Meeting at the Garrison Track, Bernie Myers became the 1st Jogger to compete in an open track meeting and recorded 9.37 for the 3,000m. Jerry Everett also completed at the same meeting and was 2nd in a 1,500m Novice Track Walk and won a trophy for best walking style in that race.

Mersea changed the route of their annual Fun Run and ½ and in the short race Anne Goff 1st Lady and 1st Junior, Kevin Stevens 1st U10, Graham Goodenough 1st Vet 40 and Bob White 1st Vet 50.

The Club staged another sports day and B-B-Q at Hamilton Lodge, sack races, egg and spoon, 3 legged etc. Bernie Myers was at last presented with a trophy for winning the Todays Runner Winter XC League Best Club Award and it was presented by life members Dave Heather and Walter Freeman.

The Clubs rounders team were beaten by the Arena Football team in a bad spirited game during which there were many arguments, but they did apologise later. Jo Woolcock was voted Man Of the Match!

SEPTEMBER 1987

Thursday 3rd September saw the dawning of a new era for the Club. The birth of the Colchester Joggers Track Club. A group warm up/exercise session was held for all and then Jerry Everett showed and explained to members what all the various track lines and markings were. This was then followed by a series of timed races over various distances so runners could establish times for those distances. Lance Williams wished it to be recorded that he beat Dave Wright over 100m. Margaret Williams provided refreshments after the evenings activities and it was enjoyed by all, for most it was the first time they had set foot on an all weather running track.

Tiptree 10 – the club won all the junior awards in the 4 mile fun run and Graham Goodenough was 1st Vet in the 10.

Richard Bartlett and Steve Woolcock won both their events in the final round of the clubs summer biathlons and so also win their respective leagues (Peter West, Colchester & Tendring AC) recorded a record of 7.05 for 1 lap of Abbeyfields.

With the profits from the Hamilton Lodge Sports Day, Margaret & Lance have purchased a starting pistol for the club.

Organised track training sessions were now taking place under the guidance of Jerry Everett, Dave Lewis and John.

A coach and several cars made the trip to March for the Fenland 40 relay, the clubs A team of Graham Goodenough (Vet), Bernie Myers, Ray Willett, John Turton and Dave Lacy which finished a very creditable 10th against some excellent opposition in 4 hours 54 mins.

The Girls U13 and U17 were both 2nd and the Boys U13 were 3rd.

2 rules were introduced into the Track Club: No Bikes under the Pavilion and no one may run in lane 1.

Bill Thompson and several others ran in the Nottingham Marathon (the countries 3rd largest).

The Clarke Family were the clubs only representatives at Hyde Park National Fun Run.

The Arena held a superstars competition in which our club had several teams.

The Hamilton Lodge Fete was a great success the club received a letter thanking them for their assistance around £1,000 was raised.

A meeting was held by the Todays Runner League clubs to formalise next seasons races, it was agreed it was a great success and no major changes were needed. Witham RR agreed to also stage a race.

OCTOBER 1987

Cumbria another great weekend at the Trout Hotel in Cockermouth and a club record in the marathon by Dave Lacy of 2.35.23, 1st Vet and 6th overall on a hilly course. Eric Roberts was 1st O45 in 3.01 and with Jerry Everett in 3.12 they were 1st team. Dave Wright took part in the St Johns Ambulance Centenary Celebrations and gained an inspection and a ride in one of their ambulances during the race!! The Club had special vests made for the race with a team name of Slumberland Springers on them as sponsors were Sealy Posturepedic.

Club honorary member Walter Freeman died 6th October the club was represented at the Crematorium.

Club photograph was taken, several took their own photos and Roy forgot his film!

Several went to the Lincoln 10K which had 2,300 runners and the Felixstowe ½. Paul Newell and Paul Barrett went to Athens to run from Marathon to Athens over the original marathon course. A record 64 took part in the Dedham 2½ and 5 mile fun runs. Margaret Williams and Jenny Goodenough were amongst the runners both making their debuts. George did the Glasgow marathon in 3.57.

Roy Moore and Kevin Norman were the winners of the most recent Biathlon. Steve Woolcock and Rachel Williams led the 2 divisions.

At a Games Evening at the Police Station the club entered a team which won 5 of the many games but finished 3rd.

Club membership currently stands at 140, (60 men, 18 ladies, 17 junior boys, 15 junior girls, 30 non runners).

Fay Downes produced a club newsletter.

The Old Heath run which we are no longer associated with was described as a shambles with 5 milers going off with the 9 mile run, which started 15 minutes later. John Turton came 1st event though he came in 4th and Dave Lacy was 2nd and 1st Vet but another person received his prizes. The Goffs cleared up the junior prizes with Richard, Anne and Charlotte all winners.

Nutty Newell did his 5th marathon in 6 weeks at Harlow, Bob Kimber was DNF.

Several went to Sudbury for a Biathlon where Kevin Norman was 2nd after the run but got a puncture during the bike section. Steve Woolcock, Lance and Roy were 1st home for the Club with Carl Booth the youngest in the field.

Letters of complaint were sent to the Evening Gazette for not putting in reports that we were sending to them.

Runner of the month medals were presented to August Dave Clemens, September Paul Newell and for October Dave Lacy.

Kendall and Anne Goff were congratulated for their efforts at the track by taking the warm up sessions.

NOVEMBER 1987

John Turton won the Vets prize at Woods ½ coming 7th as he had Dave Lacys number. Anne Goff was 1st junior girl.

A book was put by the entrance door for people to write down what races they had done, so some sort of record could be kept. Geoff said that the start of the meetings were getting later and we must try and start at 7.15pm.

Geoff also wanted people who run for the Club to run in club colours. The photo was framed and hung in the Arena Foyer and a copy given to Collier & Catchpole.

Sharyn Aitken ran in the Berlin Marathon (3.29.56).

Another social success was the Clubs dinner at the University, where Nutty Newell won the Achiever of the Year.

The sponsors of the Sealy Cumbrian Marathon set a card and poem wishing the club well and inviting us back next year after our turnout as Slumberland Springers.

Games Night held at the Arena which included dominoes and a quiz.

A questionnaire was sent round to ask people for their opinions of the Track Club as our first lease was up in December.

Bob White had spent sometime in hospital and received the Clubs best wishes.

Nicola Beards was 1st lady at a Sri Chinmoy 4 in Chantry Park in Ipswich, Jerry Everett ran and then took part in the Gt Bentley Fun Run the same morning. At Bentley in heavy rain Dave Lacy was 2nd and Anne Goff 1st lady in the short race.

Press Officer Fay Downes was still 'sickened' by the poor coverage in the Evening Gazette that she was sending in.

Junior and female runners were asked not to run alone on dark nights but with other runners.

Bill Thompson was runner of the month, but received no prize of medal.

DECEMBER 1987

Jerry Everett ran his 8th marathon of the year (3.10) at St Albans and Alan Smith his 1st (3.45) PB.

Today's Runner XC League at Halstead. CJC were 2nd and claimed to be beaten by a load of ringers. It was well organised, a different course to last year, now a lot more in the woods.

Dave Heather bought in Christmas cards and newsletters from Hamilton Lodge for all and a good turnout went along to the Annual Carol Services with the residents.

Collier & Catchpole had donated £300 towards the club kit and Dawn was now in charge of the kit.

Hudge left the Club to go and live in Scarborough and was given a signed card and present by the Club.

It was agreed to extend the track club trial period for a further 3 months.

Christmas Fun Run, another success. Club success included in the 5 mile event Charlotte Goff, 2nd lady 1st U11, Helen Clarke 4th Lady, 1st U14, junior team prize to Charlotte Goff, Helen Clarke, Richard Knights and John Southgate. In the 10 mile event Dave Lacy 2nd Man 1st Vet, Anne Goff 3rd Lady 1st U16, Richard Goff 1st U16. 2nd team with Dave Lacy, John Turton, Graham Goodenough, Roger Hanks. About £1,000 was raised and the Windsor School stall raised £50. £300 to go to St Johns Ambulance and £600-£700 for Hamilton Lodge.

Steve and Jo Woolcock were singled out for special thanks for dealing with all the race entries and results. Race Director was Chris Downes.

Throughout 1987 John Westley had been taken videos of various CJC events and a video was not on sale at £10, £6 of which goes to Hamilton Lodge.

Childrens Party, George organised another successful event at the Arena, with Father Christmas making a guest appearance.

Dennis presented Carl Booth with the most improved junior jogger of 1987.

Fay produced another edition of the joggers journal of 1987 printed on green paper.

Marshall's Run 10 miles Jerry Madden and Roger Hanks both ran 1.00.40 with Dave Wright 3rd. Dave Lewis won the 5 mile in 27.30.

Iron Man - the club staged a 24 hour run around Abbeyfields on 28th - 29th December. Ray Willett became the first Jogger to run 100 miles, he covered 100½ miles. John Blundell was 2nd in 95.7 miles, Graham Goodenough 3rd in 94.25 miles, Peter Goff 81.2 miles, Carl Booth (the only junior) ran 53.5 miles.