

DRAFT

THE HISTORY OF COLCHESTER JOGGERS ATHLETIC CLUB

This is a brief month by month account of the history of Colchester Joggers Athletic Club mainly gathered from the Clubs minute books which are kept at all the Friday night club meetings.

Some of the names may have changed over the years, but the commitment and family atmosphere remains. The clubs willingness to have a go at anything, and where the Clubs slowest runner is as important as the fastest, is the kind of spirit that has made the Colchester Joggers AC in just a few years one of the top clubs not only in Essex but in the whole of East Anglia.

Each year the club looks to improve and doesn't standstill the fact we are able to offer people of all ages and abilities a wide range of pursuits both socially and athletically is a tribute to those who have worked hard and made the Club what is today.

The first meeting of the Colchester Joggers Club was at Colchester Sports Centre, Cowdray Avenue on Friday 31st July 1982 at 7.00pm, as a response to a very small item which appeared in the local paper placed by Mike Turner.

No minutes were taken at the meeting and attended by about a dozen people. Mike Turner agreed to 'chair' future meetings and it was suggested that all future meetings be minuted.

AUGUST 1982

At the 2nd meeting it was agreed by those present a Committee be elected as suggested last week and stay in its present form for 3 months.

It was proposed by Mike Turner that the Club organise a Fun Run and a 10 mile Christmas Fun Run on Sunday 12th December 1982. This was agreed by the dozen members present.

Terry Wheat proposed the Club be covered by an Insurance Policy and the Club to look into Club Tracksuits.

New members were coming along all the time as the word of the Clubs existence was spreading and posters were produced for members distribution. It was hoped to organise a Christmas Social evening around the time of the Fun Run. A Dr Owen (Hon Member) gave a talk about injuries.

A competition was held to design a club T-shirt/Vest. A deal was to be struck with Lamberts Sports Shop to supply the T-Shirts/Vests which was white with a red and green hoop.

By the end of the first month the membership had risen to 40 and the first event attended by the Club was the Frinton & Walton Fun Run on 21st August. 414 ran in the race and was won by Andrew Jones from the Midlands. CJC's John Taylor was 9th in 1-15 and Kevin Oldroyd was 44th in 1.25. A Club badge was also in the pipeline.

SEPTEMBER 1982

A Club Newsletter was produced and a mini-bus was run for the first Club trip to the Norwich Marathon and ½. The Club also organised its first Sunday training run by the end of the month and was also to take out a subscription to Running Magazine so members could be kept up to date with what was happening around the country as the Jogging Boom was taking off.

The Club acquired a notice board at the Sports Centre. Kevin Oldroyd, Chris Coslett and Terry Wheat chaired meetings in the absence of Mike Turner.

OCTOBER 1982

The Club took part and entered teams at runs in Coggeshall and Felixstowe.

The Club had its first encounter with AAA official when a certain Mr Joe Mower refused to accept entries from the Unaffiliated Colchester Joggers Club for the Orwell Bridge Ipswich ½ Marathon and returned the £2.50 entries. After further communications with Mr Mower he allowed 7 entries from the Club with a 50p surcharge with other names put on a reserve list.

Terry Wheat was appointed temporary Chairman in Mike Turners absence. Sue Spink - Club Treasurer produced the Clubs first financial report and the Club was now insured by a Norwich Union Policy. The Evening Gazette featured the Club for the first time and assisted 'as a Fun Run Sponsor' in promoting the Christmas Fun Run.

NOVEMBER 1982

The Club entered teams at races in Epping, Manningtree and St Osyth.

A few complaints had been received about the speed at which some members 'took off' on Friday evening runs, as it was considered disheartening to the slower joggers.

Dr Owen proposed the Club approach the Council about the possibility of a Trim Track built at the new Highwoods Centre and make it a Club Project.

DECEMBER 1982

Members took part in the Orwell Bridge Run to commemorate its opening the following day. 1,055 took part won by Andy Girling, Colchester AC, 1st lady Carol Gould Barnet AC. CJC times were 62nd Chris Coslett, 1.20, Kevin Oldroyd 1.25, John Owen, 1.35, Chris Downes 1.41, Terry Wheat 1.44 and Dave Cole 1.46. The Club had received 700 entries for its own Fun Run 2 weeks before the event.

The Clubs first Fun Run proved a great success. A total of nearly 800 runners took part (640 in the 10 mile event and 140 in the 5 mile event) on Sunday 10th December. It was sponsored by the Evening Gazette and raised money for St Leonard-at-the-Hythe Church Appeal Fund. It started at 1.30pm at Hythe Quay. The Evening Gazette Trophy for 1st team was shared by CJC and Colchester Athletic Club. The race was won by Martin Gormley, Braintree AC, 1st Woman Jenny Collyer, Sudbury AC, 1st Vet Bill Metcalfe. Entries were sent to Yvonne Goodridge, Race Secretary. No changing facilities available and was also sponsored by Travel World, Witham.

A social evening was held at the Whalebone Pub the week before Christmas.

JANUARY 1983

The first meeting of the year was attended by 40 Joggers keen to shed the extra Christmas pounds. After the success of their first event Vice Chairman Chris Coslett proposed a 10 mile run in May in aid of the Old Heath Community Centre - Sponsored by Western Trust and the East Anglian Daily Times over 5 and 10 miles.

On the 7th January a new Committee was elected at the AGM as follows:

Chairman	Chris Coslett
Vice Chairman	Mike Turner & Terry Wheat
Secretary	Chris Downes
Treasurer	Dorothy Spink
Committee	Maureen Buckly Tom Buckly Kevin Oldroyd Paul Leach

A representative from the Charles Palmer Trust attended a meeting and talked about Hamilton Lodge, and the money they were trying to raise to build a new unit for the residents. A picture was taken of those runners taking part in the London marathon for advertising posters. They intended to give the Club a great deal of promotion if we were willing to get involved with them.

Ann Gilby wanted the Club to have a suggestion box so that some of the shy members could put forward their ideas.

It was announced by Mrs Goodridge that the Club has raised £1200 at its Christmas Run.

FEBRUARY 1983

on The Club started a weekly raffle to increase Club funds. The Club vest was now ~~in~~ sale at £3.95 - £4.25.

An article about CJs Christmas Fun Run appeared in Running Magazine. Once again members race entries were being returned this time for the Ipswich 10 as the Club were not affiliated to AAA, a lengthy discussion was held on 18th about the pros and cons of affiliating. The EADT came and took some photos at the Club which it used in an article promoting the Old Heath Fun Run with it was co-sponsoring. On 25th a proposal to join the AAA was rejected by a large majority.

MARCH 83

Dave Heather from the Charles Palmer Trust attended a meeting and informed members that 24,000 sponsorship forms were being delivered around Colchester via the Essex County Standard Newspaper, promoting our runners taking part in the London Marathon and raising money for Hamilton Lodge. It was suggested that the Club entered a float in this years Carnival. It was mentioned that Ron Pickering had been approached, and was considering becoming our Club President. Several members took part in the Reading ½ Marathon.

APRIL 1983

The EADT again came and took photos at the Club and printed 2 separate articles, one about the May Fun Run and the other about Women runners.

A letter was received from Colchester Borough Council stating that the Club were now allowed to collect fees and conduct raffles at Friday meetings!

Woods of Colchester had offered the use of their premises for the Friday meetings and the possibilities were to be looked into.

A coach trip to the London Marathon was cancelled due to a lack of support. Weekly fees were raised from 25p to 50p and Membership fees were increased from £3 to £4.

A coach trip was to be organised for an athletics meeting at Crystal Palace.

MAY 1983

A move to Woods was rejected, in favour of the central location of the Sports Centre. Weekly arguments continued about the theme for the Carnival Float. A team was got together for a sponsored Tyre Push. It was requested that after a number of complaints that members attending meetings in sports dress should wear tracksuit bottoms.

Woods Sports Club staged their first fun run from the Braiswick Sports Ground. A 13 mile route that went out to Fordham and Wormingford and attracted around 250 and was won by Dave Grove from Colchester.

CJC had runners at events in Braintree and Derby. The Old Heath run was a great success. 603 runners starting and £1300 were raised for Hamilton Lodge, where the Club held a B-B-Q which was attended by over 100 people connected with the Club.

Dave Clemens, aged 69 had to be taken to hospital suffering from exhaustion. Gary Herbert Colchester AC won in 54 minutes, 1st Woman Jenny Collyer, Sudbury AC, 3rd Woman Mrs E Cudmore. The runs main organiser Army Sgt Chris Coslett. It was sponsored by EADT & Western Trust and started by Deputy Mayor John Bird. The run also raised money for the Turner Village Spina Bifida appeal.

JUNE 1983

A coach trip was organised to a poorly organised 14 mile race at Sandringham, which had a field of nearly 1,500 and was won by Bristols Ray Crabb and Sales Kathy Binns and started on the Royal estate. The start was delayed because of heavy traffic trying to get to the race and country fair. There was a turnout of 30 CJC runners at the Frinton & Walton Fun Run. Also good turnouts at the Colchester Fun Run and Great Bentley event. The Colchester Fun Run attracted over 4,000 runners and was won by Braintrees John Willoughby and Sudburys Jenny Collier. Thousands lined the route to watch the regions largest ever race which started in Roman Way, but the race did

claim the life of one runner John Juliff from Colchester on a very hot day. The race was sponsored by the Evening Gazette and £16,000 was raised for the St Helena Hospice. Virtually all the club took part.

It was proposed that CJC seek a Club sponsor which would appear on our T-Shirts and Collier & Catchpole agreed to do so. Geoff Gibbins securing the deal. The green T-Shirts with white writing meant the adoption of new Club colours.

JULY 1983

Dennis Taylor took the chair in the absence of 'the regulars' at a meeting and he proposed that Colchester Joggers colours become green, to tie in with Geoff's deal. Members took part in runs at Woodbridge, Stowmarket and Cambridge and a team was put together for the Towns raft race. Chris Coslett one of the Clubs founders announced that due to work pressures he would no longer be at the Clubs Friday night meetings.

AUGUST 1983

1 year old and the AGM was held on 5th August. 25 present.

The new Committee was formed:

Chairman	Chris Downes
Vice Chairman	Terry Wheat and Mike Turner
Secretary	Carol Mee
Treasurer	Dave Wheat
Committee:	Geoff Gibbins
	Dave Wright
	Dennis Taylor
	Paula Fincham
	Ken Randall
	Fay Rooney

The Club has a balance of £509.49.

Also at the AGM the Club proposed several aims for the coming year. The compiling of a 3 monthly 'Whats on' calendar for the Club, John Taylor proposed the hiring of a gym or hall for fitness training, Have posters made to promote the Club, Be more welcoming to new members, Produce a Club cloth badge and purchase a Club Stopwatch.

The Club was offered a regular column in the Evening Gazette, Mike Turner was given responsibility for that job.

A non running £2 yearly membership was introduced. The Club decided to continue hiring the Sports Centre Hall for its Friday night meetings at £1.50 a night.

At last the Club wins its first individual trophy, Diane Smith was the 3rd Lady home in the Kelvedon ½ marathon.

It was proposed that the Club introduce its own trophies for most improved runner etc for next years AGM.

SEPTEMBER 1983

The Club ran a coach to the Windsor ½ marathon and a mini bus

to the Nottingham Marathon and ½. With runners also taking part in events at Mersea (26 CJC runners), Ipswich ½ marathon, Elmstead Market Fun Run.

The Joggers helped organise a Fun Run in Stowmarket along with the Community Association and the Club won the team trophy which they actually donated for the run! Stowmarket Community Association raised £500 largely due to the assistance given by CJC.

Barratt Homes announced a £500 sponsorship for the Clubs Christmas Run.

Dave Wheat stood down as Club Treasurer, leaving the Club, Dave Clemens took over his post.

OCTOBER 1983

Runs at Coggeshall ½, Braintree 10 and Brightlingsea 6½ (which was part of a Nationwide Hi-tec series of runs). 5 members took part in a St Johns Ambulance course. Dave Heather informed the Club that one of the rooms at Hamilton Lodge was to be called the Colchester Joggers Room in recognition of the support we were giving them.

NOVEMBER 1983

PE Teacher Marie Williams gave a lecture to the Club about the importance of stretching and warming up.

The Club had a large turn out at the Woods Fun Run. Club finances topped £1000 for the first time.

DECEMBER 1983

The Club won its first individual winners trophy, with Marie Williams being 1st Woman at the Great Bentley 5 Mile Fun Run.

It was proposed and voted on by all members present to ask for Vice-Chairman Mike Turners resignation from the Committee. A number of reasons were put forward to substantiate this proposal, by letter.

The Club held its annual dinner (45 present) at the Tudor Holt.

Graham Newey took over as the Clubs Gazette Columnist .

The Christmas Fun Run was again a success. £1,288.46 profit was made and passed on to the Charles Palmer Trust. A video was made of the run from the Hythe. 710 runners in 5 and 10 mile runs sponsored by Barrett Homes, promoted by the Evening Gazette. In the 10 mile race 1st Martin James, Colchester AC, 2nd Peter Richardson, Chelmsford AC, 3rd Martin Gormley, Braintree AC. Women, 1st Jenny Collier, Sudbury AC, 2nd Sharyn Wright, CJC. In the 5 mile race Darrell Maynard from Rowhedge won, 1st Women Jane Gailgoyle, Harwich. 1st Vet Graham Goodenough, Colchester AC. 1st team 3rd Royal Anglians (Past & Present). Severall of the Joggers ran the race in fancy dress. Entry fee was £2.50, £1.50 U14 and OAP. Last minute problems almost spoilt the 5 mile run as the Army had not opened the gate in Weir Lane (off Mersea Road) until the race was under way.

JANUARY 1984

As no reply has been received from the letter sent to Mike Turner, Geoff Gibbins was proposed and unanimously voted to the position of Vice-Chairman.

Members of the Club were invited to have a look around Myland Hospital as a gesture of some of the money raised at the Christmas Fun Run.

The Club also attended a presentation at The Evening Gazette offices to The Charles Palmer Trust.

After all 5 who attended the St Johns First Aid course had passed the Club purchased its own First Aid Kit.

FEBRUARY 1984

The Club decided to have its own P O Box Number for its next Fun Run which was to have a new venue at the Rugby Club, address is now Colchester Joggers Club, P O Box 98, Colchester, CO1 1FG.

The Leader newspaper carried a feature about the Club and promoted its next Easter Fun Run.

MARCH 1984

The new road running season started again and several members went to the very hilly Berkhamstead ½ marathon and the St Edmunds ½ marathon. The Club ran a coach to the popular Reading ½ marathon. Dave Cole sent a letter on behalf of the Club, thanking the organisers on such a well organised and enjoyable event.

It was decided that after the Easter Fun Run the Club would not organise any more races until December 1985, so that they could concentrate more on the social side of things and get back to being a Jogging Club.

APRIL 1984

A vote was taken that CJC applied for Club Membership to the Arena Sports Centre.

The Club organised a 24 hour jog around the clock. About £600 was raised for the Charles Palmer Trust.

The Easter Fun Run went very well from the Rugby Club, with 354 entries in 5 and 10 mile races.

MAY 1984

Some Club members took part in an interview with Hospital Radio, Colchester about the Club and running in general.

The Club ran a coach to the Norfolk Marathon and ½, for many members it was their 1st full marathon.

The Club decided they wanted to introduce lightweight summer vests. Several members completed the London marathon. The Joggers won the team trophy at the Langham Fun Run. A £100

donation was made to St Johns Ambulance from the proceeds of the Fun Run.

JUNE 1984

Colchester Joggers move to new headquarters at the Arena Sports Centre, Circular Road.

About 30 joggers attended the first meeting and it was agreed that this was a good move for the Club.

No minutes were taken at the Arena for the first 2 months.

Colchester ½ marathon ?????

AUGUST 1984

The Club decided to organise a trip to Cumbria later in the year, to Cockermouth for the Cumbrian Lakes Marathon.

With new facilities now available to the Club at the Arena, a badminton evening, basketball match were arranged. A beach party was also held that month at Cudmore Grove, which included a fiercely fought rounders match. The Club won the team trophy at Kelvedon.

A large BBQ was held at Hamilton lodge and the Club had one of their largest running turns outs at the Mersea Fun Run with 25. Sharyn Wright was 2nd lady.

SEPTEMBER 1984

The Club had its first official Club photo taken to rival the Telecom Basketball team which would go on show in the Arena reception. The Club were also granted permission to put up a Club noticeboard.

Steve Woolcock completed his first marathon at Ipswich and Sharyn Wright was 1st lady at the Elmstead Market Fun Run. A photo for the paper was taken for the presentation of £500 from French Kier for the sponsorship of the Clubs Christmas Fun Run.

SEPTEMBER 1984

Sharyn Wright was 1st lady at Stowmarket ½, Colin Thackwell, 1st Vet at the Braintree ½. Dave Clemens travelled to Germany to compete in the Berlin marathon and the Club won the team prize at the Coggeshall Fun Run. There were also 3 Club runners who took part in the Brussels marathon.

OCTOBER 1984

The Clubs men were comprehensively beaten by the Colchester womens basketball team in a match held at the Arena.

A Club trip was made to Cumbria to take part in the Cockermouth marathon and ½. Paul Snook and Wayne Tether-Temple had a very challenging debut to the marathon distance. A good time was had and the trip would be repeated next year. The Club also had representatives winning trophies at St Osyth, Finchingfield, Dedham, Brightlingsea, Burnham.

It was decided to start a junior section of the Club.

NOVEMBER 1984

A large group photo was taken and put up in the Arena Hall. Terry Gamble led a group to Bury St Edmunds to have a go at Orienteering this was followed up by a ½ hour talk on Orienteering at a meeting from John Collyer.

The Club held a disco at the Arena and Guy Fawkes evening was also held and organised by the Club, £171 and £50 were raised.

Kendall Bartlett and Sharyn Wright won trophies at Woods Fun Run and Great Bentley, the men went home empty handed.

The Clubs annual dinner was held at the Marks Tey Hotel.

DECEMBER 1984

The Club held its annual Christmas Fun Run from the Royal London Sports Centre and over £2,000 profit was made, 1,008 runners completing the 10 mile run. It was decided the Club would now only take on the organising of 1 large run per year. Due to Christmas period no meetings were held on the last 2 Fridays of the month.

Kendall Bartlett finished the year with a junior ½ marathon win at Chelmsford.

JANUARY 1985

Most of the Club saw in the new year at the Arena's Fancy Dress Party, but few seemed to be able to remember the event clearly!

The Club presented a cheque for £2,041.83 to the St Johns Ambulance Brigade as the profit from their last run. Chris Downs and John Ekins of the runs sponsors French Kier made the presentation.

The Club decided that they would have an entry in this years Colchester Carnival to help boost the Clubs profile.

A Darts Night on the 12th proved a great success. The Club produced its first Club Fixture List for the year, compiled by Dave Wright and a bank statement for the start of the year showed the Club had £779.88 in the bank.

Several members travelled for a run on the soon to be opened section of the M25 in Surrey. While others were participating against other Clubs associated with the Arena such as gymnasts and boy scouts at basketball for the Claudius Trophy.

FEBRUARY 1985

It had taken 5 weeks of Friday night arguments to come up with the idea of clowns for the Summer Carnival.

The Club were now selling an array of souvenirs such as stickers, hats and sweat-shirts. 'Gibbons Sportswear' had other items in the pipeline.

Some members had a go at Orienteering at an event in Earls Colne. Terry Gamble and George Bennington suggested that more the Club get involved in this aspect of running at future events.

Richard Haskells time of 2.11.42 in the Bury 20 was generally considered to be the best performance by a member of the Club in its 2½ year history.

The Club elected Martin Hopkinson as team captain and he was now responsible for entering teams at various events.

The Club joined in wishing its oldest member Dave Clemens a very Happy 70th Birthday.

MARCH 1985

The Club had a shopping trip to Brugge in Belgium. A win in a game of crib v the badminton club secured the Claudius Trophy for the Joggers in the Arena inter-club, inter-sports challenge.

Dennis Taylor and Dawn Knights won the bowls pairs evening at Walton Pier, and the Club filled a coach for the popular Reading ½ marathon.

Other runs that month saw a team victory in the St Helena School PTA Fun Run, and various members trekking to Puckeridge, Fleet and Clacton where the Club won another team

prize and Carl Gladding was 1st Junior in the 5 mile run.

APRIL 1985

No meeting was held on Good Friday (5th) but members were invited to Hamilton Lodge by Dave Heather to see the newly completed Joggers Room for which much of the money the Club had raised for the Charles Palmer Trust had been used.

Dave Hudgell put together a stage 'Review' which included several members unleashing hidden talents, Roy Bennington stole the show with a memorable performance of not remembering things. Over £100 was raised.

Club subscriptions were raised to £6 (individual) and £12.50 (family). The Arena Management presented the Club with the Claudius Trophy.

The Club staged its most ambitious event so far, a 48 hour Joggathon continuous laps of Abbeyfields in various hourly slots in which most members took part in one or more times. The event sponsored by Colchester Building Society raised £200 for Hamilton Lodge, with various individual sponsorships and gaining a lot of interest in the local press. Paul Newell ran the furthest 59.23 miles, narrowly beating Ray Willetts effort of 57 miles during the two day event.

Clem got lost during the Wolverhampton Marathon.

MAY 1985

In the 2 years with its association with Hamilton Lodge the Club had now donated £4,910.61.

Plenty of runs to start the month Maldon, Norfolk Marathon, Harwich, Halstead but it was only at Langham where the Club won anything.

The Club staged a Friday night meeting at Hamilton Lodge and a plaque was unveiled before the members commemorating the Clubs donations to the Lodge. An art show was held with members contributing their efforts.

Some members trekked to Germany to Colchesters Twin town of Wetzlar and a very tiring drive for a short weekend visit which included a race, resulted in Dave Clemens once again getting lost in some German Towns woods. The Wetzlar running club had made our members very welcome and it was hoped that strong links between the clubs would be forged.

Most of the other Club members went to the popular Gt Bentley Fun Run where Kendall Bartlett won another trophy and news had already circulated about Clem getting lost. Press Officer George Bennington complained to a Friday meeting that the Gazette was not publishing what he was sending in.

JUNE 1985

- Colchester stage a full marathon along with its normal ½ marathon, most of the Club took part in what was considered to be a well organised event. The marathon was won by Colchester AC's Martin James. Our Club had no involvement in the event

but assisted the following week with Colchester Uniteds Junior Sporting U's 3 and 5 mile runs for kids, the Club also pledged its assistance to the Old Heath Community Fun Run later in the year.

The Club tried its hand at football and put together a 5 aside team managed by Ian Stevens.

Carl Gladding was now winning as many trophies as Kendall Bartlett, his latest victory at Gt Oakley.

Long Melford staged a 9½ miles XC Race. Kendall Bartlett won the girls trophy. Claire Stevens and Carl Gladding won trophies at Dunmow in the U11s and Graham Stevens and Kendall won O11s awards. The seniors were 5th team in the towns oldest road event the Colchester Co-op 5½ amongst very strong opposition, from Shrub End Playing Fields.

A group of Benningtons took part in the Gt North Run including Joanne who completed the run in 2.36. One of the worlds largest runs.

JULY 1985

The Club proposed staging a Tri-athlon, for which Lance Williams put forward a trophy for the event winner. It was decided that the event should consist of 1/4 miles swim, 12 mile bike and 10 mile run. Geoff Gibbins agreed to organise the event.

Tollesbury staged a 4 mile run at which Richard Haskell was 2nd. The Club ran a coach to the Lincoln 10 and Ian Stevens completed his first and possibly last 10 mile race.

Richard Haskell continued his tour of the villages by running at Kettlebaston.

After weeks of preparation the Joggers dressed as green and white clowns for the Carnival and George Bennington and Roy Moore constructed a wooden car which was the centre piece of the the procession, so much so that the Joggers won the Carnival Trophy for the best turned out walking section.

The wedding took place of 2 members of the Club Steve Woolcock and Jo.

Many of the Club attended the wedding and or the reception held at ?

AUGUST 1985

The Club staged its AGM on 2nd August at the Arena.

Those elected were:

Chairman	Chris Downes
Vice Chairman	Geoff Gibbins
Treasurer	Dave Clemens
Secretary	Phil Cooper
Social Secretary	Dave Wright
Committee	Jill Barlett
	Brian Bedford

Roy Bennington
John Blundell
Dawn Knights
Roy Moore
Fay Rooney
Wayne Tether-Temple
Ray Willett
Lance Williams

57 members attended and were told that the Club had £858.49 in the bank. Martin Hopkinson remained in charge of teams at various runs.

A camping weekend was held at Cromer where the Club took on allcomers at rounders.

Collier & Catchpole renewed their sponsorship of the Club with a £150 cheque.

2 teams were entered for the Colchester Fire Swim, with George Bennington captain of the swimmers.

Geoff Gibbins organised a club photo. Phil Knights won a fancy dress trophy at St Osyth Fun Run, Carl Gladding and Kendall Bartlett again picked up trophies at runs in Sudbury and St Osyth, while the Club retained the team trophy at Kelvedon this time it was Dave Cole's turn to get lost at an event in which Kelvedon was gaining a reputation for lost runners.

A group consisting of Ray Willett, Dave Hudgell, Richard Haskell and George Bennington were the first people to take part in a Triathlon, it was the Jordans event at Biggleswade.

The Club held a B-B-Q at ?

Kendall was first female home in Mersea 5, so took trophies home for 1st Female and 1st Junior, the ½ marathon was deemed to be better organised than previous years. Dave Clemens recorded a PB of 1.51.40 and brought about much embarrassment to some younger members own PBs.

SEPTEMBER 1985

French Kier announced their continued sponsorship of the Clubs Christmas Run.

Runs at Elmstead Market and Rochford. At Elmstead several members of the Club were claiming world records due to the questions over the runs distances. Dave Cole ran 53 minutes in the 12 mile event?!

Derek Cook ran 3.46 in the Bristol Marathon.

Several members took part in its a Knockout at Castle Park in various teams.

The Clubs Team Manager Martin Hopkinson announced that he was moving to Manchester. The Club wished him well and signed a card.

One of the best turnouts from the Club, 52 ran at the Tiptree Fun Run, Kendall Bartlett, Carl Gladding and Pete Thomas all

came home with trophies. Richard Haskell ran the Ipswich Marathon.

The Club staged an egg and spoon race before a club meeting and were claiming various world records for 1.414 miles with a lap of Abbey Fields.

The Club put an advert for their Christmas run in Road Runner Magazine and a smaller one in Marathon and Distance Runner, Running Review and Today's Runner. The Club had £629.88 in the bank.

Richard Knights won his first event at Hatfield Peverel and Kendall was first U13.

The Club sent a team to the Fenland 50 mile road relay in March (Cambs) a team of 5 came 28th/70 in a time of 5 hours 31 mins.

It was agreed that the Club join a mini x-country winter league that had been proposed by Woodbridge Shufflers.

Membership had now topped 100, 104 members.

The Evening Gazette was deemed to be a truly wonderful paper as George Bennington was given a regular column.

Ray Willett stormed to victory in the Clubs first ever Triathlon, Jacqui Bamford finished 11th the only female entrant and Eddie Dunn completed in true Joggers spirit despite being a non swimmer. Lance donated a large trophy for the event and it was hoped this will be annual event.

Dave Lacy won a 6½ mile race in Halstead and Kendall was first girl in the 3½ mile race.

OCTOBER 1985

Carl Gladding (U11) completed his first ½ marathon at Yately in 1.41. The idea was put forward by George Bennington for a Childrens Christmas Party. The Secretary had written to the North Pole to book Father Christmas for the event!

No minutes were taken for a week as most of the members went on a trip to Cumbria for the Cumbrian Lakes Marathon in Cockermouth.

The Old Heath Community Fun Run had a very poor turnout with approx a third of the runners CJC Members and most of the awards went to the Club including the Fancy Dress Prize which went to Ted William's Dog.

NOVEMBER 1985

Helen Clarke received a gold certificate for finishing 50th/800 in the National Fun Run, Hyde Park, Jim recommended a club trip next year.

Sharyn Wright was 1st lady at a short Woods ½ marathon. Bonfire night and fireworks, B-B-Q held at the Arena by CJC. Dave Hudgell organised a baby photography competition which was won by Dawn Knights, Richard Bartlett and Joyce

Gladding.

The Club had 3 teams in the fire swim at the Sports Centre pool.

3 runners lead by Roger Jaggard took part in a sponsored run from Colchester - Chelmsford in aid of Multiple Sclerosis.

The Club held a darts night at the Arena organised by Dave Wright, Dave Heather judged a poster competition for the Clubs Fun Run, 15 entries were received. The car built for the Carnival was presented to the Ipswich School for Handicapped children by George Bennington and Roy Moore.

NOVEMBER 1985

Dave Heather told the Club that the 'Joggers Room' at Hamilton Lodge for which the club had now donated over £5,000 was now occupied.

Gt Bentley Fun Run. Despite the death of Tiptree Road Runners Secretary Paul Studholme which was not connected with the run the event was well organised. The Club won the team prize in the 5 mile race: Bill Thompson, Brian Beford, Ken Walsh and Dave Lacy. Kendall won the U14 5 mile event and Ted Williams won the Fancy Dress. Tim Tooney won the Bergholt Fun Run.

5 entries took part in a Chariot Race of 3 laps around Abbeyfields, but only 1 made the distance Chris Downs Team won the event with teams of 4.

DECEMBER 1985

Dave Hudgell had a group carol singing and raised £31 for Hamilton Lodge.

About 800 took part in the Clubs Christmas Run from the Garrison which was upon last year but the event was spoilt by the loss of the computerised results about which several complaints and much panic was received. The run raised about £500.

Helen Clarke, Kendall Bartlett, Carl Gladding and Marcus Cox won their categories.

Peter Bartlett wanted to set up a 10 mile challenge race v Tiptree RR, (it was recommended that others might also take part). A 3 lap Marconi run in Chelmsford turned out to be a bit of a shambles and several runners got very cold at Withams Boxing Day 5.

The New Years Eve Arena Party had almost been a Joggers only event, but all enjoyed it. Dave Wright and Phil Knights won fancy dress prizes.