

Colchester 15 mile road race organised by Colchester Harriers AC

Pos	No	Name	Cat	Club	Time
1	222	Owen Cima	MO	Brentwood Running Club	01:24:20
2	249	Rob Reason	MO	Harwich Runners	01:28:19
3	251	Neil Spicer	M40	Leigh-on-Sea Striders	01:29:46
4	252	Chris McClay	MO	Leigh-on-Sea Striders	01:35:18
5	41	Paul Mingay	M60	Tiptree Road Runners	01:37:14
6	228	Alexander Sales	MO	Colchester Harriers	01:37:31
7	68	Andrew Conway	M50	Tiptree Road Runners	01:37:56
8	82	David Wright	M40	Great Bentley Running Club	01:38:10
9	121	Barry Frost	MO	Colchester Harriers AC	01:39:13
10	238	Paul Rodgers	M40	Colchester Harriers AC	01:40:21
11	77	Nikki Brockbank	F35	Springfield Striders RC	01:40:31
12	227	Colin Ridley	M50	Colchester Harriers	01:40:42
13	131	Gavin Laws	MO	Tiptree Road Runners	01:41:08
14	136	Scott Darney	MO	Witham RC	01:42:08
15	177	Andrew Dormer	M50	Great Yarmouth Road Runners	01:42:28
16	250	Martin Hitchcock	M40	Leigh-on-Sea Striders	01:43:10
17	187	Phil Quantrill	M40	Great Yarmouth Road Runners	01:43:49
18	196	Jason Brunt	M40	Norfolk Gazelles AC	01:44:25
19	243	Harry Blenkinship	MO		01:44:40
20	55	Chris Seymour	M40	Stowmarket Striders RC	01:45:12
21	24	Paul Dellar	M50	Tiptree Road Runners	01:45:43
22	220	Tom Dean	MO		01:46:42
23	248	Alistair Reid	M40	Felixstowe Road Runners	01:47:41
24	240	Tim Holden	MO		01:48:30
25	128	Leigh Garmory	MO		01:49:10
26	194	Sandy Thorogood	F45	Sudbury Joggers	01:49:22
27	30	Sharon Wright	F35	Harlow RC	01:49:28
28	241	Malcolm Statham	M40	Colchester Harriers	01:51:07
29	87	Craig Mitchell	M40	Colchester Harriers AC	01:51:12
30	236	Adam Gerrish	MO	Colchester Harriers AC	01:51:25
31	221	Ryan Williams	MO	Colchester Harriers AC	01:51:44
32	172	Jerry Walder	M40	Colchester Harriers AC	01:52:50
33	254	James Carass	MO	Great Yarmouth Road Runners	01:52:57
34	204	Colin Farmer	M50	Great Bentley Running Club	01:53:05
35	23	Richard Millward	M40	Colchester Harriers AC	01:53:52
36	28	Peter Benton	M50	Great Bentley Running Club	01:54:05
37	99	Andrew Thomas	M40	Great Yarmouth Road Runners	01:54:46
38	10	Graham Langford	M40	Colchester Harriers AC	01:55:38
39	253	Mark Stone	M40	Great Yarmouth Road Runners	01:55:55
40	97	Tracy Harrington	F45	Tiptree Road Runners	01:56:14
41	31	William Buck	M50	Norwich Road Runners	01:57:11
42	178	Penny Studley	F45	Great Yarmouth Road Runners	01:57:18
43	216	Jonathan Boyles	M40	Running Colchester	01:57:21
44	242	Ashley Carden	M40	Running Colchester	01:57:49
45	246	Simon Miller	M50	Colchester Harriers	01:57:56
46	201	Sandra Rust	M50	Harlow RC	01:58:02
47	101	Adam Waller-Toyne	M50		01:58:36

48	170	James Gunther	MO		01:58:44
49	244	Gary Perryman	M40	Tiptree Road Runners	01:59:21
50	155	Mark Armstrong	M40		01:59:54
51	29	Adrian Fell	M50	Harlow RC	01:59:59
52	179	Paul Reeve	M40	Great Yarmouth Road Runners	02:00:35
53	237	Rory Suckling	M40		02:01:11
54	239	Gary Hopkins	M50	New Eltham Joggers	02:01:27
55	9	Eileen Shadford	F45	Great Bentley Running Club	02:01:30
56	193	Terry Hubbard	M40	Great Yarmouth Road Runners	02:01:35
57	223	Mark Delea	M50	Tri Sport Epping	02:02:50
58	169	Jackie MacLannan	FO		02:03:16
59	224	Richard Corner	M50		02:04:05
60	214	Allen Ball	M40	Running Colchester	02:04:44
61	163	Steve Hunt	M50	Hadleigh Hares AC	02:06:38
62	247	Dan Clark	M40	Felixstowe Road Runners	02:06:58
63	202	Magdalena Komorowska	F35	Great Bentley Running Club	02:07:54
64	62	Sarah Hammond	F35	Springfield Striders RC	02:08:27
65	230	Joseph Hughes	MO		02:09:05
66	206	Mary Lloyd	F45	Thrift Green Trotters	02:09:35
67	17	Cheryl Appleby	FO	Colchester Harriers AC	02:10:01
68	205	Tom Salmon	MO		02:10:06
69	110	Sarah Fletcher	F35	Great Bentley Running Club	02:10:15
70	127	Meera Rajoo-Oakley	FO	Great Bentley Running Club	02:10:15
71	108	Kathy Bishop	F45	Great Bentley Running Club	02:10:52
72	195	Anna Coulborn	F55	Great Yarmouth Road Runners	02:11:32
73	218	Christopher Lee	M60	Jogging Made Easy	02:12:06
74	210	Adrian Pugh	M50	East Essex Triathlon Club	02:13:40
75	217	John Yell	M40		02:15:01
76	203	Frank Gardiner	M60	Great Bentley Running Club	02:15:15
77	84	Simon Bayfield	MO		02:17:10
78	27	Lynwen James	F45	LWFitness4All	02:21:32
79	2	Nikki Osborne	F45		02:22:08
80	219	George Clark	MO	Felixstowe RRC	02:24:25
81	207	David MacKay	M50		02:25:00
82	233	Anna Kawalec	F35		02:25:02
83	245	Val Haynes	F45	Running Colchester	02:28:54
84	215	Nicky Santomauro	F45		02:28:54
85	130	Robert Phillips	MO		02:32:49
86	234	Lucy West	F45	Running Colchester	02:32:49
87	129	Emma Mardell	F35		02:32:50
88	211	Muriel Lovering	F35		02:34:18
89	188	Eve Shadbolt	F45		02:36:21
90	189	Syz Beamont	F45		02:36:21
91	118	Sybil Harris	F45		02:38:04
92	180	Stephanie Deeks	F35	Great Yarmouth Road Runners	02:38:59
93	226	Hanna Dean	F35	Bungay Black Dog RC	02:38:59
94	192	Amanda Fraser Fish	M40	Woodbridge Shufflers RC	02:41:03
95	134	Darren Cole	MO		02:43:03
96	197	Charlotte Ball	FO	Springfield Striders RC	02:43:09
97	183	Erica Watts	F35		02:52:09

98	198	Kayleigh Carr	F35	Witham RC	02:53:23
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30 September 2018

Results by Harwich Runners -http://www.harwichrunners.co.uk/1_aboutus/chip_timing.php